CHOICES

Program Guide

Homewood-Flossmoor Park District

Summer 2021



Irons Oaks



Coyote Run Golf Course



H-F Racquet & Fitness Club



H-F Ice Arena

WHERE YOU WANT TO BE

Stay CONNECTED

708.957.0300

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PROGRAM REGISTRATION BEGINS NOW!

If you need special accommodations, please let us know when registering.

PHONE

Call 708.957.0300 or 708.957.0300 for credit card registrations only. Illinois Relay System 711.

ONLINE

Visit hfparks.com and register online with our real-time program, WebTrac.

KEEP H-F HEALTHY

Keeping H-F Healthy is a partnership we take seriously. Here's what we all can do:

OUR PART

Our team has developed comprehensive cleaning and sanitizing protocols to provide employees and participants with clean and safe facilities. Our staff members will stay home if they have any symptoms, and when at work they will wash hands often, practice social distancing and wear masks.

YOUR PART

Conduct a wellness check before leaving home and coming to our facilities--if you have ANY symptoms, stay home. While visiting Park District facilities, wash hands often, social distance and wear masks. IF YOU SEE SOMETHING, SAY SOMETHING--If you notice something that concerns you, please bring it to our attention.

our mission

TO ENHANCE THE QUALITY OF LIFE THROUGH DIVERSE RECREATIONAL OPPORTUNITIES, FACILITIES AND PARKS WHILE CARING FOR THE ENVIRONMENT.



BOARD OF COMMISSIONERS

The Board of Commissioners meets at 7 pm on the third Tuesday of every month. Most meetings are held at the Goldberg Center, but please call or check hfparks.com to confi rm the location. The commissioners are (left to right): President Dallas Collins, Steve Johnson, Linda Ojode, Vice President Brent Bachus and Debbie Dennison.

PARK DISTRICT ADVISORY COMMITTEE

The Park District Advisory Committee is the H-F Park District's citizens advisory committee that helps review, evaluate and suggest recreation programs. The following are members of the committee: Cari Anderson, Sybil Baxa, Sarah Chavez, Noreen Danadio, Calvin Harden, Christina Jackson and Brit Volini.

SENIOR ADVISORY COMMITTEE

The Senior Advisory Committee is an active group of senior adults interested in activities and programs for the senior community. Its members are: Diana Grayson, Beverly White Sylvia Alexander, Marie Claydon, Bob Flaws, Joyce Flaws, Chris Heine, Chris Nelson and Frances Schrader.

GOLDBERG ADMINISTRATION CENTER

708.957.0300 / hfparks.com

Homewood-Flossmoor Park District

SUMMER



LIONS CLUB POOL

Cool off this summer by buying your Lions Club Pool memberships! Individual season semberships are **$50 for residents and $75 for non-residentrs**. Open swim block rate for non-members are $10 for residents and $15 for non-residents. Members will be given priority to reserve time blocks.

More information on pages 11 - 14.

SUMMER CAMPS









We are looking forward to providing a fun-filled RETURN of SUMMER, with our summer camp programs. Returning families, we cannot wait to see you again this summer and new families, we are excited to welcome you! Every summer our staff looks forward to reconnecting by engaging in fun and safe activities.

Family Fun in the Parks FREE

Irwin Park Band Shell | 10:30 am



Istvan and His Imaginary Band
Thursday, June 24

Istvan performs a irresistible mix of interactive rock 'n' roll, country, pop punk and sing-alongs that get heads bob-bing.



Todd Downing Tall Tales & Silly Songs
Thursday, August 5

Todd will get all kids singing, dancing, and jumping to some of the wittiest and entertaining tunes ever heard East of the Mississippi.

Starry Nights FREE

Irwin Park Band Shell | 7:30 pm



Soul 2 The Bone
Thursday, July 8

Soul 2 The Bone plays popular songs covering 5 different genres of music which includes a mixture of Motown, R & B, Jazz, Disco, Pop Music and a sprinkle of Blues.



Feel Good Party Band
Thursday, July 22

Feel Good Party Band is a fun, energetic, Chicago-based tribute band that plays all of your favorite party jams from the 60's to today.

CAMP 2021

Join us for a wide variety of activities, games, projects and fun this summer. Knowing that play and being outside is part of a great summer, we are filling our days with time at the playground, hands-on activities, hanging with new and old friends, and entertainment. Camp 2021 will follow Illinois Department of Health and CDC guidelines. Those guidelines could change prior to or even during the camp session. All changes will be communicated as we receive that information.

Location: Irwin Community Center
Fee: $175 R / $200 NR
Ages: Entering K through entering 5th

Dates	Day / Time	Code
Jun 7 - 11	M-F 8 am - 3 pm	206350-01
Jun 14 - 18	M-F 8 am - 3 pm	206350-02
Jun 21 - 25	M-F 8 am - 3 pm	206350-03
Jun 28 - Jul 2	M-F 8 am - 3 pm	206350-04
Jul 5 - 9	M-F 8 am - 3 pm	206350-05
Jul 12 - 16	M-F 8 am - 3 pm	206350-06
Jul 19 - 23	M-F 8 am - 3 pm	206350-07
Jul 26 - 30	M-F 8 am - 3 pm	206350-08
Aug 2 - 6	M-F 8 am - 3 pm	206350-09

CAMP 2021 AFTER CAMP

Want more camp in your day? After Camp is an opportunity for more hours of fun and games! Camp 2021 After Camp will follow Illinois Department of Health and CDC guidelines. Those guidelines could change prior to or even during the camp session. All changes will be communicated as we receive that information.

Location: Irwin Community Center
Fee: $75 R / $80 NR
Ages: Entering K through entering 5th

Dates	Day / Time	Code
Jun 7 - 11	M-F 3 - 6 pm	206351-01
Jun 14 - 18	M-F 3 - 6 pm	206351-02
Jun 21 - 25	M-F 3 - 6 pm	206351-03
Jun 28 - Jul 2	M-F 3 - 6 pm	206351-04
Jul 5 - 9	M-F 8 am - 3 pm	206350-05
Jul 12 - 16	M-F 8 am - 3 pm	206350-06
Jul 19 - 23	M-F 8 am - 3 pm	206350-07
Jul 26 - 30	M-F 8 am - 3 pm	206350-08
Aug 2 - 6	M-F 8 am - 3 pm	206350-09



THREE WAYS TO REGISTER

ONLINE at HFPARKS.COM

PHONE at 708.957.0300

IN-PERSON at Irwin Center
M & F: 9 am -noon
Th: 2-6 pm
*hours subject to change



FACE MASK REQUIRED

Camps will follow Illinois Department of Health and CDC guidelines.T hose guidelines could change prior to or even during the camp session. All changes will be communicated as we receive that information.

ALL CLASSES WILL ADHERE TO LOCAL, STATE AND CDC GUIDELINES.

HOBO JUNGLE

Learn how to use basic carpentry tools (hammer and saw) while building themed full-size structures. Safety is stressed and reinforced. Campers will spend part of their day in the construction area and the rest playing organized games. NOTE: The construction area is located under a nut tree. Sessions feature a camper tshirt, a visit to the Millennium Park Splash Pad, and parent night. Please bring a peanut-free snack, filled water bottle, sunscreen, and a mask to camp each day. We meet rain or shine! Any rain days we will have indoor activities at Park Place. Register early! If you register on the first day of that camp's week, there is an additional $25 fee. Camp information subject to change based on updated COVID-19 guidelines

Location: Flossmoor Park
Fee: $150 R / $188 NR

Age	Dates	Day / Time	Code
7-13	Jun 14 - 25	M-F 8:30 - 11:30 am	206313-01
7-13	Jul 5 - 16	M-F 8:30 - 11:30 am	206313-02
7-13	Jul 26 - Aug 6	M-F 8:30 - 11:30 am	206313-03





CAMP DISCOVERY

Send your tot to play, laugh, and learn at our all new Discovery Preschool. Campers weeks will be filled with crafts, motor skill activities and of course fun in the sun with friends. Please send campers with a water bottle and mask. All campers must be potty trained.

Location: Irwin Community Center
Fee: $69 R / $86 NR

Age	Dates	Day / Time	Code
3-4	Jun 7 - 11	M-F 8:45 - 11:15 am	206203-01
3-4	Jun 14 - 18	M-F 8:45 - 11:15 am	206203-03
3-4	Jun 21 - 25	M-F 8:45 - 11:15 am	206203-05
3-4	Jun 28 - Jul 2	M-F 8:45 - 11:15 am	206203-07
3-4	Jul 5 - 9	M-F 8:45 - 11:15 am	206203-09

Entering Kindergarten

Age	Dates	Day / Time	Code
4-5	Jun 7 - 11	M-F 8:45 - 11:15 am	206203-02
4-5	Jun 14 - 18	M-F 8:45 - 11:15 am	206203-04
4-5	Jun 21 - 25	M-F 8:45 - 11:15 am	206203-06
4-5	Jun 28 - Jul 2	M-F 8:45 - 11:15 am	206203-08
4-5	Jul 5 - 9	M-F 8:45 - 11:15 am	206203-10

COYOTE PUPS

The Coyote Pups Golf Camp will take the young golfers from the putting green to the golf course. They will learn the proper technique for grip, aim, and set up to get the kids off to the right start. This fee also includes a range card good for four buckets of range balls, as well as some supplies to stock the bag. Coyote Run has plenty of clubs to use, but you can also purchase a set from us in time to use. Masks are required throughout the entire class.

Location: Coyote Run Driving Range
Fee: $60 R / $80 NR

Age	Dates	Day / Time	Code
5-8	Jun 7 - 10	M-Th 9 - 10 am	246303-01
5-8	Jun 21 - 24	M-Th 1 - 2 pm	246303-02
5-8	Jul 12 - 15	M-Th 9 - 10 am	246303-03

LET'S GO PLAY!

Golf Camp will take the young golfers out onto the golf course and put their skills to test. The camp will place an emphasis on safety, etiquette, and FUN. Rental clubs are available for no additional fee, but we can also purchase a set in time for the class. Masks are required throughout the entire class.

Location: Coyote Run Driving Range
Fee: $60 R / $80 NR

Age	Dates	Day / Time	Code
5-8	Jun 28 - Jul 1	M-Th 9 - 10 am	246301-02
9-15	Jun 28 - Jul 1	M-Th 10 - 11 am	246301-01

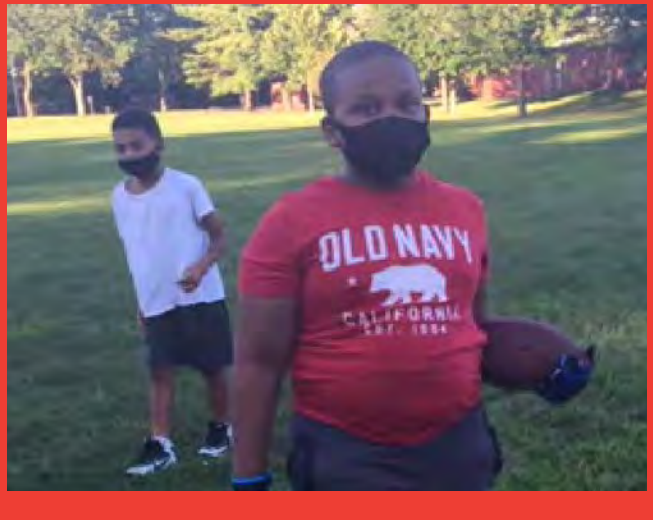


COYOTE JUNIOR GOLF

The Coyote Junior Golf Camp will take the junior golfers from the putting green to the golf course and further develop skills that they have learned growing up. This fee also includes a range card good for four buckets of range balls, as well as some supplies to stock the bag. Coyote Run has plenty of clubs to rent/purchase during this clinic. Masks are required throughout the entire class.

Location: Coyote Run Driving Range
Fee: $60 R / $80 NR

Age	Dates	Day / Time	Code
9-15	Jun 7 - 10	M-Th 10:15 - 11:15 am	246302-01
9-15	Jun 21 - 24	M-Th 2:15 - 3:15 pm	246302-02
9-15	Jul 12 - 15	M-Th 10:15 - 11:15 am	246302-03



FLAG FOOTBALL CAMP

Athletes will receive training on skills used in football such as passing, route running, defensive techniques, ball handling and speed/agility drills. Learn fundamentals and improve your game through team and individual competition. All campers must bring a football, a mask, and a water bottle to each class.

Instructor: Brandon Eichholz
Location: Lions Club Park
Fee: $120 R / $150 NR

Age	Dates	Day / Time	Code
7-12	Jul 19 - 23	M-F 9- 11 am	222309-01



LITTLE STARS TENNIS CAMP

This camp uses the USTA 10 and under format, focusing on motor skills, basic sending and receiving skills. Camp is designed to help hand-eye coordination and develop athleticism through game play. Racquet size: up to 23".

Location: H-F Racquet & Fitness Club
Fee: $80 M / $96 R / $120 NR

Age	Dates	Day / Time	Code
4-6	Jun 14 - 24	M-Th 8:30 - 9:30 am	252300-01
4-6	Jun 28 - Jul 8	M-Th 8:30 - 9:30 am	252300-02
4-6	Jul 12 - 22	M-Th 8:30 - 9:30 am	252300-03
4-6	Jul 26 - Aug 5	M-Th 8:30 - 9:30 am	252300-04

JUNIOR ACES TENNIS CAMP

Played on a 60' court, using red to orange balls, this camp uses the USTA 10 and under format. Players will be introduced to topspin, a variety of serve progressions, rallying, and keeping score. Racquet size: up to 25".

Location: H-F Racquet & Fitness Club
Fee: $80 M / $96 R / $120 NR

Age	Dates	Day / Time	Code
7-10	Jun 14 - 17	M-Th 9:30 - 11:30 am	252302-01
7-10	Jun 21 - 24	M-Th 9:30 - 11:30 am	252302-02
7-10	Jun 28 - Jul 1	M-Th 9:30 - 11:30 am	252302-03
7-10	Jul 5 - 8	M-Th 9:30 - 11:30 am	252302-04
7-10	Jul 12 - 15	M-Th 9:30 - 11:30 am	252302-05
7-10	Jul 19 - 22	M-Th 9:30 - 11:30 am	252302-06
7-10	Jul 26 - 29	M-Th 9:30 - 11:30 am	252302-07
7-10	Aug 2 - 5	M-Th 9:30 - 11:30 am	252302-08

MIDDLE SCHOOL TENNIS CAMP

This camp is designed for the intermediate to advanced intermediate player. Players will learn aspects of the game including strokes, rallying, recovery, develop decision-making skills and competing.

Location: H-F Racquet & Fitness Club
Fee: $120 M / $144 R / $180 NR

Age	Dates	Day / Time	Code
11-14	Jun 14 - 17	M-Th 9 am - 12 pm	252303-01
11-14	Jun 21 - 24	M-Th 9 am - 12 pm	252303-02
11-14	Jun 28 - Jul 1	M-Th 9 am - 12 pm	252303-03
11-14	Jul 5 - 8	M-Th 9 am - 12 pm	252303-04
11-14	Jul 12 - 15	M-Th 9 am - 12 pm	252303-05
11-14	Jul 19 - 22	M-Th 9 am - 12 pm	252303-06
11-14	Jul 26 - 29	M-Th 9 am - 12 pm	252303-07
11-14	Aug 2 - 5	M-Th 9 am - 12 pm	252303-08



HIGH SCHOOL TENNIS CAMP

This camp will help players train for match play and tournaments. Camp includes live ball drilling and competitive play. Players will be grouped by their ability.

Location: H-F Racquet & Fitness Club
Fee: $120 M / $144 R / $180 NR

Age	Dates	Day / Time	Code
14-18	Jun 14 - 17	M-Th 1 - 4 pm	252305-01
14-18	Jun 21 - 24	M-Th 1 - 4 pm	252305-02
14-18	Jun 28 - Jul 1	M-Th 1 - 4 pm	252305-03
14-18	Jul 5 - 8	M-Th 1 - 4 pm	252305-04
14-18	Jul 12 - 15	M-Th 1 - 4 pm	252305-05
14-18	Jul 19 - 22	M-Th 1 - 4 pm	252305-06
14-18	Jul 26 - 29	M-Th 1 - 4 pm	252305-07
14-18	Aug 2 - 5	M-Th 1 - 4 pm	252305-08

ALL CLASSES WILL ADHERE TO LOCAL, STATE AND CDC GUIDELINES.

JEDI ENGINEERING WITH LEGOS®

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles with LEGOS® materials as we construct the Ewok Village on Endor, fly through space on our X-Wings, and defend the Echo Base on Hoth. Create motorized and architectural projects with imagination and engineering to defeat the Empire! Masks are required.

Instructor: Play-Well TEKnologies
Location: H-F Racquet & Fitness Club
Fee: $185 R / $232 NR

Age	Dates	Day / Time	Code
5-7	Jun 21 - 25	M-F 9 am - 12 pm	214504-01
7-12	Jun 21 - 25	M-F 1 - 4 pm	214504-02



SUBURBAN YOUTH SYMPHONY ORCHESTRA

In this immersion camp, five days per week, two hours per day for two weeks, you will receive hands on instruction on the violin. We will learn beginning technique, beginning playing by ear and music reading skills and play some well-known tunes. A concert for family and friends, which will feature a group performance by our class, will be presented on the last day of class.

Camp t-shirt, materials, shoulder pad, real instrument sized to child, and music books all for class use only (note: instruments provided). Instructor Janet Kuester is a private violin and piano instructor. She performed for 30 years in the Illinois Philharmonic Orchestra in the violin section and doubled on piano and is founder and director of the Incredible Opportunity Program of Suburban Youth Symphony Orchestra.

Instructor: Janet Kuester
Location: Irwin Community Center
Fee: $130 R / $163 NR

Age	Dates	Day / Time	Code
9-12	Aug 2 - 13	M-F 6 - 8 pm	214701-01

POKEMON ENGINEERING WITH LEGOS®

Join Ash and Pikachu as you build, capture, train, and explore the vast world of Pokemon with tens of thousands of LEGOS® parts. Design your own Poke Balls, explore the Kanto region, and fly with Charizard. Explore engineering through the fun world of Pokemon with the guidance of a Play-Well instructor. Masks are required.

Instructor: Play-Well TEKnologies
Location: H-F Racquet & Fitness Club
Fee: $185 R / $232 NR

Age	Dates	Day / Time	Code
5-7	Jul 19 - 23	M-F 9 am - 12 pm	214503-01
7-12	Jul 19 - 23	M-F 1 - 4 pm	214503-02

NATURE KIDS CAMP

Spend your summer outside, exploring nature, adventuring and meeting new friends. Come play and learn with us as each week includes activities in art, STEM, exploration and building community. Masks, frequent hand-washing and distancing will be emphasized. Lunches and snacks will be eaten outside and mask breaks will be provided as campers distance. Get out and explore nature this summer! After Camp will be provided on-site for an additional fee. Click here for theme descriptions.

Location: Irons Oaks
Fee: $175 R / $200 NR
Ages: 5-12
Day/Time: M-F 8:30 am - 3 pm

Theme	Dates	Code
Get Outside	Jun 7 - 11	294308-01
Survivor	Jun 14 - 18	294308-02
Artful Antics	Jun 21 - 25	294308-03
Nature Trekkers	Jun 28 - Jul 2	294308-04
Tents Up	Jul 5 - 9	294308-05
Time Travelers	Jul 12 - 16	294308-06
Wonderful Water	Jul 19 - 23	294308-07
Animal Investigations	Jul 19 - 23	294308-08
S.T.E.A.M. Ahead	Aug 26 - 30	294308-09

AFTER CARE

Extend the fun of Nature Camp by sticking around at the end of the day! Future after care dates will be added until the end of summer.

Fee: $75 R / $90 NR

Age	Dates	Day / Time	Code
5-12	Jun 7 - 11	M-F 3 - 6 pm	294311-01
5-12	Jun 14 - 18	M-F 3 - 6 pm	294311-02
5-12	Jun 21 - 25	M-F 3 - 6 pm	294311-03
5-12	Jun 28 - Jul 2	M-F 3 - 6 pm	294311-04
5-12	Jul 5 - 9	M-F 3 - 6 pm	294311-05

CHICAGO WHITE SOX SUMMER CAMP

Learn from the pro's this summer at a White Sox Summer Camp presented by Wintrust! Professional coaches from the White Sox organization have helped build programs designed for kids ages 5-12 at every ability level. All campers will work on throwing, hitting, fielding, and base-running, but more importantly, they will be taught how to love the game of baseball. Instructors will supervise campers based off age and experience, and cater each experience to meet your child's needs. On top of the four (4) days of camp, each camper will receive a White Sox t-shirt, hat, and other various White Sox goodies. *Premium items (t-shirt, hat and goodies) subject to change.

Register at whitesox.com/play

Location: Lions Club Park
Fee: $149

Age	Dates	Day / Time
5-12	Jul 26-29	M-Th 9 am-12 pm



CHICAGO UNION ULTIMATE FRISBEE CAMP

This camp is designed to introduce athletes to Ultimate while providing a legendary experience! Camp participants will learn the basic rules and strategies of Ultimate Frisbee, proper catching techniques, how to throw a backhand and forehand, as well as basic offense/defense skills. All camp participants will receive: Chicago Union gaiter/neckie for nose and mouth protection, 4 tickets to select Chicago Union home game, game dates/times TBD, 15 hours of beginner ultimate training, and additional prizes for skills challenges, effort, teamwork and good spirit.

Location: Lions Club Park
Fee: $120 R / $120 NR

Age	Dates	Day / Time	Code
8-13	Aug 2 - 6	M-F 1 - 4 pm	252270-01



BASKETBALL CAMP

Learn fundamentals and improve your game through team and individual competition. Athletes will receive training on shooting, dribbling, rebounding, ball handling & defensive techniques.

All campers must bring a basketball, a mask and a water bottle to each class.

Instructor: Brandon Eichholz
Location: H-F Sports Complex
Fee: $120 R / $150 NR

Age	Dates	Day / Time	Code
7-12	Jun 21 - 25	M-F 9 - 11 am	222305-01

SPORTS PERFORMANCE TRAINING CAMP

Building a solid athletic foundation at a young age is the best way to create successful athletes. Our Sports Performance Camp builds that foundation by teaching athletes 13-18 years old how to move and train properly. Camp will focus on improving speed, agility, and coordination to create injury-resistant athletes. The training is done in a fun and engaging way that builds confidence and fosters important attributes like leadership, perseverance and work ethic. The Sports Performance Training Camp will focus on functional movement to support the physical demands of life and sport. We help athletes of all levels shore up weaknesses, decrease injury risk, and get ready for fall sports.

Location: H-F Racquet & Fitness Ct 10+
Fee: $40 M / $50 R / $60 NR

Age	Dates	Day / Time	Code
13-17	Jun 9 - 30	W 2 - 2:45 pm	256300-01
13-17	Jun 12 - Jul 3	Sa 12 - 12:45 pm	256300-03
13-17	Jul 7 - 28	W 2 - 2:45 pm	256300-02
13-17	Jul 10 - 31	Sa 12 - 12:45 pm	256300-04

Millennium Park Splash Pad

OPENS MEMORIAL DAY, MONDAY, MAY 31

The Splash Pad at Millennium Park is open seven days a week from:

- 11 am to 1 pm
- 2 - 4 pm
- 5 - 7 pm

These times are weather permitting June 4 through Labor Day, September 6. The Splash Pad may open earlier or stay open later if warm weather prevails.

H-F Park District residents have free access to the Splash Pad, but need to provide residency in one of the following ways:

- Driver's License
- Utility Bill
- Tax Bill

If you are a resident and a 2021 pool-pass holder or have a current H-F Racquet and Fitness Club photo ID, you can have a Splash Pad sticker placed on the back of your ID. You may pick up your free sticker at the H-F Racquet and Fitness Club, Irwin Community Center or Goldberg Center.

Non-residents will be charged a fee of $5 per child, per session to use the Splash Pad.

The Splash Pad is designed for **children 54 inches or under**. If the Splash Pad reaches capacity, staff reserve the right to limit entry. The Splash Pad will be closed if the temperature falls below 74F, if thunder is heard or lightening is spotted. Groups of 15 or more must have a permit to use the park. For more details please call 708.957.0300 or 708.957.7275 or visit hfparks.com

Please visit hfparks.com for all rules and requirements.

Splash Pad Parties

Looking for a special party package this summer? Book a private party at the Splash Pad! Offered seven days per week, your private time includes use of the picnic shelter for up to a maximum of 50 people. To schedule, call 708.957.0300.

Fee: $150 R / $225 NR ($100 security deposit is required)

Age: 1 - 10

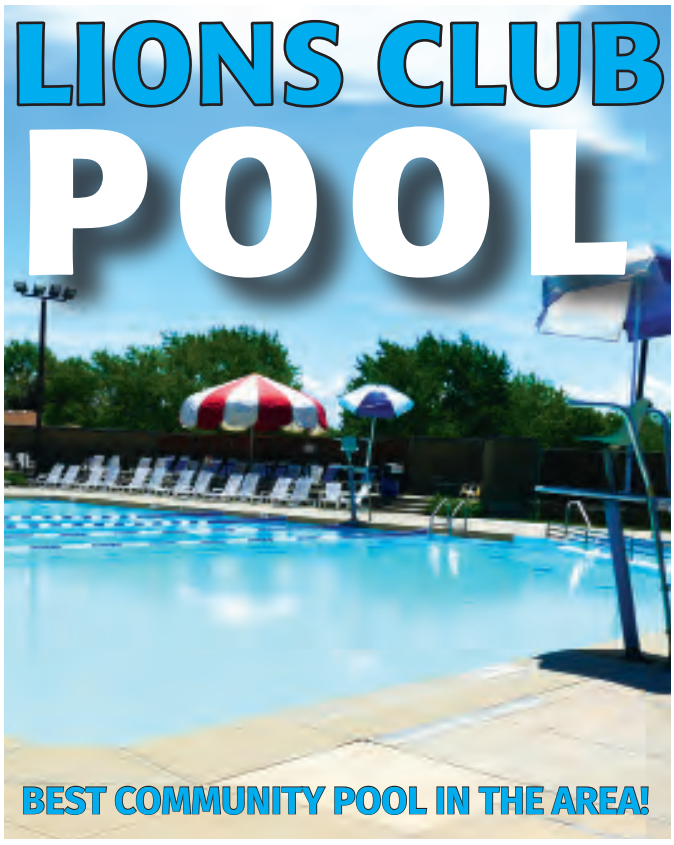
Season: June 10 - Sep 2

Day Parties: Pad from 1 - 2 pm / Shelter from 12:30 - 2:30 pm

Evening Parties: Pad from 7 - 8 pm / Shelter from 6:30 - 8:30 pm

All details, including open times, are subject to change.





Spending summers at Lions Club Pool is a long standing tradition in the Homewood-Flossmoor community. It's a traditional community swimming complex where swimming lessons, pool parties and concession treats are the norm. If you're looking for a warm neighborly vibe and a great place to make lasting memories, join the tradition and visit Lions Club Pool.

2021 POOL SCHEDULE:

- Pool opens June 5
- The full pool schedule will be release 2-weeks before opening day.

If the air temperature is below 70°F or there are less than 10 swimmers the pool may close. Please visit hfparks.com/lionsclubpool for the latest information.

PLEASE VISIT HFPARKS.COM FOR ALL RULES, SAFTEY GUIDELINES AND FAQS.

SEASONAL POOL MEMBERSHIPS

	Resident	Non-Resident
Individual	$50	$75

Under age 2 are free

DAILY SWIM RATE

$0 Members / $10 R / $15 NR

The easiest way to purchase a pool membership or make an open swim block reservations is online at hfparks.com. If you are having problems purchasing online or have questions, please call the Irwin Center at 708.957.7278.

Pool pass pictures for ID cards can be taken at the H-F Racquet & Fitness Club or by making an appointment at the Irwin Community Center. We recommend all children get new picture ID's this year.

HOURS OF OPERATION

Monday – Thursday: Open swim from 11 a.m. - 5:30 p.m.

Friday/Saturday/Sunday: Open swim from 12:00 - 7:00 p.m.

Lap Swim Hours

Monday-Sunday: 10:15 - 10:45 a.m.

Monday – Thursday: 5:45 - 6:15 p.m.
Additionally, throughout all open swim hours, a lap lane will be available for open use. Daily swim rates will apply for lap swimmers during open swim hours.

(Hours and policies are subject to change.)

SAFETY

Face coverings are required at all times in the locker rooms, entering the lifeguard station, or any time where physically distancing is not possible on deck.

Chairs will be placed in physically distances sections throughout the facility. We ask that these chairs are not moved throughout the day.

Please see all Lions Club Pool Rules and Regulation HERE.

Due to fact that we are unable to clean the enclosed tube water slides, they will be closed at the start of the pool season. We hope to be able to open the slides later this summer.

POOL PARTY RENTALS

Due to current staffing demands, we will not be renting out Lions Pool for private parties for the initial opening of the 2021 season. As demands and mitigations change, we will update any rental availability as possible.



WATER AEROBICS

This shallow water aerobic class will use the resistance of the water to give you a great workout. Be prepared to move as you increase strength, endurance and flexibility. Swim experience is not necessary. Due to COVID restrictions, locker rooms will not be available at the end of class. All participants will enter through the locker rooms and exit through the side gate. Everyone must exit the pool area at the end of class.

Location: Lions Club Park
Fee: $64 R / $80 NR

Age	Dates	Day / Time	Code
16+	Jun 8 - Jul 1	Tu/Th 10 - 10:45 am	234502-04
16+	Jun 12 - Jul 31	Sa 10 - 10:45 am	234502-07
16+	Jul 6 - 29	Tu/Th 10 - 10:45 am	234502-05

SWIM LESSONS SAVE LIVES

- Everyone entering the facility must wear masks - masks must be worn in the facility at all times unless swimming
- Due to facility capacity restrictions, only one parent/ caregiver allowed to attend per class
- Due to COVID restrictions, locker rooms will not be available at the end of classes
- All participants will enter through the locker rooms and exit through the side gate
- Everyone must exit the pool area at the end of class

SWIMMING LESSONS

Swimming isn't just fun, it's a skill that can save your life! Testing is conducted during the first class to ensure all students are in the correct level. ***Lessons missed due to personal conflicts or inclement weather are not made up.***

Parent / Tot
Learn proper instruction methods for showing your infant or toddler basic water adaptation techniques in a fun environment. Adult must accompany child in the water. (Age 12-35 months)

Preschool Swim Lessons
Skills worked on include blowing bubbles, floating and simultaneous arm and leg motion. Children will also begin learning water safety. (Age 3-5 years)

Level 1: White
Introduces water entry and exit to beginners and helps build their comfort in the water. Very basic skills are taught. (Age 6+)

Level 2: Red
Retrieve objects underwater, demonstrate front /back glide and flutter kick without any assistance. (Age 6+)

Level 3: Yellow
Open eyes underwater, plus learn bobbing, front crawl, back crawl, elementary back stroke kick and how to change directions. (Age 6+)

Level 4 & 5: Blue/Green
Learn rotary breathing, elementary back stroke, breast stroke and sidestroke kick, front & back crawl endurance and turn at walls. (Age 6+)

PARENT-TOT SWIM LESSONS

Learn proper instruction methods for showing your infant or toddler basic water techniques in a fun environment. Songs and games allow your child to get comfortable in the water all while learning techniques and important safety skills. Adult must accompany child in water for each full lesson.

Location: Lions Club Park
Fee: $57 M / $63 R / $79 NR

Age	Dates	Day / Time	Code
0.6-2	Jun 6 - 27	Su 11 - 11:30 am	232201-02
0.6-2	Jun 11 - Jul 2	F 11 - 11:30 am	232201-06
0.6-2	Jul 9 - 30	F 11 - 11:30 am	232201-08
0.6-2	Jul 11 - Aug 1	Su 11 - 11:30 am	232201-04



LITTLE SWIMMERS

This parent - tot style class is for the little ones that have mastered the basic swimming skills and are ready for the next step with their parent right next to them. The little swimmer will continue to develop coordination needed to increase their swimming abilities. Must be able to swim independently with flotation, effective kicking, arm movements and bubble blowing. Adult must accompany child in water for each full lesson.

Location: Lions Club Park
Fee: $57 M / $63 R / $79 NR

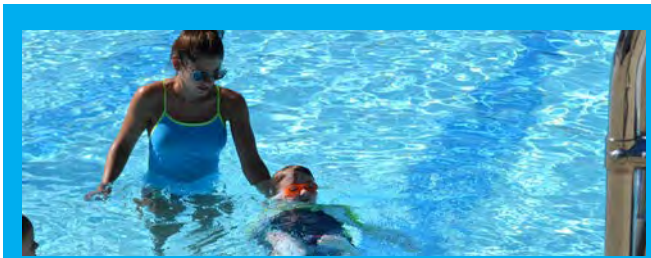
Age	Dates	Day / Time	Code
2-3	Jun 6 - 27	Su 10:15 - 10:45 am	232221-03
2-3	Jun 11 - Jul 2	F 10:15 - 10:45 am	232221-01
2-3	Jul 9 - 30	F 10:15 - 10:45 am	232221-02
2-3	Jul 11 - Aug 1	Su 10:15 - 10:45 am	232221-04

PRESCHOOL GROUP LESSONS

The ability to swim isn't just fun, it's a skill that can save your life! This class is based out of shallow water and is designed just for your preschooler with songs and games to make them comfortable in the water. This is the perfect class for those not quite ready for the big pool. Note: Some students may need more than one session to complete level requirements. One parent/caregiver allowed to attend per class. There are no make-up classes for absences or inclement weather.

Location: Lions Club Pool
Fee: $57 M / $63 R / $79 NR

Age	Dates	Day / Time	Code
3-5	Jun 7 - 17	M-Th 5:45 - 6:15 pm	232211-01
3-5	Jun 7 - 17	M-Th 10:15 - 10:45 am	232211-10
3-5	Jun 21 - Jul 1	M-Th 5:45 - 6:15 pm	232211-03
3-5	Jun 21 - Jul 1	M-Th 10:15 - 10:45 am	232211-12
3-5	Jul 5 - 15	M-Th 5:45 - 6:15 pm	232211-05
3-5	Jul 5 - 15	M-Th 10:15 - 10:45 am	232211-14
3-5	Jul 19 - 29	M-Th 5:45 - 6:15 pm	232211-07
3-5	Jul 19 - 29	M-Th 10:15 - 10:45 am	232211-16



PRIVATE SWIM LESSONS

This is a one on one private swim lesson for your child. The ability to swim isn't just fun, it's a skill that can save your life! Space is limited, so enroll in our popular private lessons today. Testing is conducted during the first class to ensure all students are in the correct level. Students advance during the session if skills are passed. Note: Some students may need more than one session to complete level requirements. There are no make-up classes for absences or inclement weather.

Fee: $124 M / $138 R / $173 NR

Age	Dates	Day / Time	Code
3+	Jun 7 - 17	M-Th 11 - 11:30 am	232319-01
3+	Jun 12 - Jul 31	Sa 11 - 11:30 am	232319-05
3+	Jun 21 - Jul 1	M-Th 11 - 11:30 am	232319-02
3+	Jul 5 - 15	M-Th 11 - 11:30 am	232319-03
3+	Jul 19 - 29	M-Th 11 - 11:30 am	232319-04

WEEKDAY GROUP LESSONS

The ability to swim isn't just fun, it's a skill that can save your life! Space is limited, so enroll in our popular group swim lessons today! Testing is conducted during the first class to ensure all students are in the correct level. Students advance during the session if skills are passed. Note: Some students may need more than one session to complete level requirements. One parent/caregiver allowed to attend per class. There are no make-up classes for absences or inclement weather.

Location: Lions Club Pool
Fee: $57 M / $63 R / $79 NR

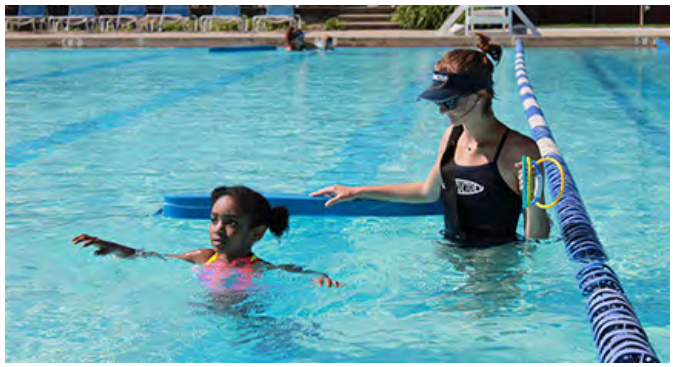
MORNING LESSONS

Age	Dates	Day / Time	Code
6+	Jun 7 - 17	M-Th 10:15 - 10:45 am	232241-03
6+	Jun 21 - Jul 1	M-Th 10:15 - 10:45 am	232241-06
6+	Jul 5 - 15	M-Th 10:15 - 10:45 am	232241-09
6+	Jul 19 - 29	M-Th 10:15 - 10:45 am	232241-12

EVENING LESSONS

Age	Dates	Day / Time	Code
6+	Jun 7 - 17	M-Th 5:45 - 6:15 pm	232231-01
6+	Jun 21 - Jul 1	M-Th 5:45 - 6:15 pm	232231-03
6+	Jul 5 - 15	M-Th 5:45 - 6:15 pm	232231-05
6+	Jul 19 - 29	M-Th 5:45 - 6:15 pm	232231-07





WEEKEND GROUP LESSONS

The ability to swim isn't just fun, it's a skill that can save your life! Space is limited, so enroll in our popular group swim lessons today! Testing is conducted during the first class to ensure all students are in the correct level. Students advance during the session if skills are passed. Note: Some students may need more than one session to complete level requirements. One parent/caregiver allowed to attend per class. There are no make-up classes for absences or inclement weather.

Location: Lions Club Pool
Fee: $57 M / $63 R / $79 NR

Age	Dates	Day / Time	Code
6+	Jun 12 - Jul 31	Sa 10:15 - 10:45 am	232251-02



SUMMER ART WORKSHOP

A three hour class filled with fun art activities for you! Participants will create seasonal projects, including summer crafts, painting, drawing, and sculpture. The class is open to all skill levels and all supplies are included in fee.

Instructor: Terry Nemchock
Location: Irwin Community Center
Fee: $30 R / $38 NR

Age	Dates	Day / Time	Code
6-12	Jun 12	Sa 2 - 5 pm	202319-01
6-12	Jun 26	Sa 2 - 5 pm	202319-02
6-12	Jul 10	Sa 2 - 5 pm	202319-03
6-12	Jul 24	Sa 2 - 5 pm	202319-04
6-12	Aug 14	Sa 2 - 5 pm	202319-05
6-12	Aug 28	Sa 2 - 5 pm	202319-06

ART CLUB FOR KIDS

Tap into your child's creative ability in this once a week art class where students will make drawings, paintings, crafts and sculptures. Each class will be a new project as well as favorites from past sessions. Students will work individually, so all levels are welcome. Fee includes materials.

Instructor: Terry Nemchock
Location: Irwin Community Center
Fee: $60 R / $75 NR

Youth

Age	Dates	Day / Time	Code
6-11	Jun 7 - 28	M 2 - 3:30 pm	202318-01
6-11	Jul 5 - 26	M 2 - 3:30 pm	202318-03
6-11	Aug 2 - 23	M 2 - 3:30 pm	202318-05
12-15	Jun 9 - 30	W 2 - 3:30 pm	202318-02
12-15	Jul 7 - 28	W 2 - 3:30 pm	202318-04
12-15	Aug 4 - 25	W 2 - 3:30 pm	202318-06

ABRACADABRA MAGIC CLASS

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks from the Magic Team of Gary Kantor! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. All materials are provided and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. You can sign up for this class again and again since brand new tricks are taught at each session!

Instructor: The Magic of Gary Kantor
Location: Irwin Community Center
Fee: $20 R / $25 NR

Age	Dates	Day / Time	Code
5-12	Jun 15	Tu 6:45 - 7:40 pm	214310-01

KARATE

Our instructors have designed this program to encourage balance, self-confidence, focus, attention span, discipline, coordination, and flexibility. Certifications are awarded upon completion of requirements. Gis (karate uniforms) are not required, but are available from the instructor for a $30 fee. Certification for ranking belts is also available upon completion of the requirements at an additional fee. A $60/60 days Club membership is available to adult guardians, who have a participant enrolled in the class, for an additional fee.

Instructor: Ben Hillis
Location: H-F Racquet & Fitness Club
Fee: $56 R / $70 NR

Little Dragons - Pre Karate

Age	Dates	Day / Time	Code
4-6	Jul 14 - Aug 25	W 4:45 - 5:30 pm	212301-01
4-6	Jul 15 - Aug 26	Th 4:45 - 5:30 pm	212301-02

Wado-Ki Karate

Age	Dates	Day / Time	Code
7-18	Jul 15 - Aug 26	Th 5:45 - 6:30 pm	212730-01



HORSEBACK RIDING LESSONS

The Homewood-Flossmoor Park District, in conjunction with Forest View Farms is offering a five week lesson package or five trail rides through beautiful Cook County Forest Preserve. Beginners through advanced are welcome. Lil Horsemanship will teach pony lovers how to ride and care for a real live pony. The heated indoor arena is open for year round riding. Register at the park district, call the stable to arrange classes, and bring your receipt to your first lesson. There is a mandatory helmet fee that will be charged on site.

Location: Forest View Farms
Fee: $80 R / $100 NR (ages 5-7)
$133 R / $166 NR (ages 8+)

Age	Dates / Day / Time	Code
5-7	On going / call to arrange	222314-02
8+	On going / call to arrange	222314-01



ONLINE SPANISH CLASSES

Instructor: Language In Action
Location: Online via Zoom
Fee: $48 R / $60 NR

Join us right from your living room as we explore new cultures and learn the Spanish language via the interactive Zoom platform! All classes are taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class.

I SPEAK SPANISH

In this class children will learn conversational Spanish through fun and interactive activities and music. Each session covers new material.

Age	Dates	Day / Time	Code
3-6	Jun 15 - Jul 6	Tu 5 - 5:45 pm	214202-02
3-6	Jun 17 - Jul 8	Th 9:30 - 10:15 am	214202-01
3-6	Jun 17 - Jul 8	Th 5 - 5:45 pm	214202-03
3-6	Jul 13 - Aug 3	Tu 5 - 5:45 pm	214202-05
3-6	Jul 15 - Aug 5	Th 9:30 - 10:15 am	214202-04
3-6	Jul 15 - Aug 5	Th 5 - 5:45 pm	214202-06

YOUTH SPANISH

Students will learn Spanish conversation and some Spanish grammar, reading, and writing skills through interactive and engaging activities. Each session covers new material. Taught live by a Language in Action, Inc. instructor.

Age	Dates	Day / Time	Code
6-11	Jun 10 - Jul 1	Th 10:45 - 11:30 am	214315-01

SPANISH FOR ADULTS

This class is a great supplement to middle school or junior high Spanish classes or may also be taken by students not currently enrolled in a school Spanish class. Students will learn Spanish grammar and communication skills that will give them a strong foundation for high school Spanish.

Age	Dates	Day / Time	Code
18+	Jun 9 - 30	Tu 10 - 11 am	214601-01
18+	Jul 7 - 28	Tu 10 - 11 am	214601-02

BABYSITTER TRAINING

This training is fun and fast-paced while covering important topics such as child-care, first aid, leadership and communication skills. Participants learn through hands-on activities, exciting video, role-plays and lively discussions. Topics covered include: Supervising children and infants, performing basic child-care skills such as diapering, feeding and dressing, choosing safe, age-appropriate games and toys, handling bedtime and discipline issues, identifying safety hazards and preventing injuries, caring for common injuries such as burns, cuts and bee stings, communicating effectively with parents, finding and interviewing for babysitting jobs. Fee includes an American Red Cross Certificate. Masks are required throughout the entire class.

Instructor: American Red Cross
Location: Irwin Community Center
Fee: $86 R / $108 NR

Age	Dates	Day / Time	Code
11-15	June 10	Sa 9 am - 4:30 pm	214400-01
11-15	July 24	Sa 9 am - 4:30 pm	214400-02



STORY TRAILS

Take a stroll at the park while taking in a book. Pages will be posted along the trail to guide the way. Books and parks will change each month.

June- Apollo
July- Flossmoor Hills
August- Pinewood

TEEN TRX

Join us for this quick 4-week TRX session for teens. Trx is bodyweight suspension training that develops strength, balance, flexibility and core stability. It delivers a fast, effective total-body workout that benefits people of all fitness levels and perfect for improving athletic skills. Club membership not required.

NEW

Location: H-F Racquet & Fitness Club
Fee: $40 M / $50 R / $60 NR

Age	Dates	Day / Time	Code
13-18	Jun 8 - 29	Tu 2 - 2:45 pm	256528-01
13-18	Jun 10 - Jul 1	Th 2 - 2:45 pm	256528-03
13-18	Jul 6 - 27	Tu 2 - 2:45 pm	256528-02
13-18	Jul 8 - 29	Th 2 - 2:45 pm	256528-04



6 VS 6 FLAG FOOTBALL LEAGUE

Flag Football takes the game to a whole different level! This exciting, no tackle game allows children to enhance their football skills while learning teamwork, sportsmanship, respect and social skills. Evaluation Day includes a variety of drills and skills to help coaches assess players. After Evaluation Day, participants will be divided onto teams through a draft. The number of teams determines the age groups, schedule and Saturday game times. All games officiated by certified referees. Masks are required during practice and games. Team practice day and time are at the discretion of the coach. Each player receives a team t-shirt. Registrations will not be accepted after team t-shirts have been ordered. Trophies awarded to the championship teams. Coaches training available.

Evaluation Day: August 28 - Irwin Park
(Rain location: H-F Sports Complex)

Coaches Draft: Sep. 1 (Ages 6-9) & Sep. 2 (Ages 10-13)
Irwin Community Center

Season: Sep. 18 - Oct. 23

Playoffs: Oct. 30 & Nov. 6

Location: Irwin Park
Fee: $96 R / $120 NR

Age	Dates	Day / Time	Code
6-9	Aug 28	Sa 9 - 10:30 am	322307-01
10-13	Aug 28	Sa 10:45 am - 12:15 pm	322307-02

GYMNASTICS

Registration Deadline: June 7
Gym Kinetics • 19220 Ridge Road, Mokena • 708.479.6969

BABY GYMNASTICS

Walkers up to two years of age will experience many different gross motor activities in this class. Warm up activities with music, climbing, crawling, hanging, swinging and jumping are just a small sample of the activities your little one will experience. This class is a great way for parent and child to bond.

Fee: $135 R / $169 NR

Age	Dates	Day / Time	Code
3-3	Jun 17 - Aug 5	Th 9 - 9:50 am	222280-01

3-YEAR-OLDS

No parent required in this class. Your three-year-old will experience many different gross motor activities along with introductory gymnastic skills such as forward and backward rolls, cartwheels, trampoline activities, balance beams, rings and much more.

Fee: $135 R / $169 NR

Age	Dates	Day / Time	Code
3-3	Jun 14 - Aug 2	M 11 - 11:50 am	222283-01
3-3	Jun 15 - Aug 3	Tu 4 - 4:50 pm	222283-02
3-3	Jun 16 - Aug 4	W 4 - 4:50 pm	222283-03

MOM AND MINI

Parent and child have the opportunity to experience a wide range of gross motor activities while being introduced to the sport of gymnastics. Each class will provide you with a new experience on the trampolines, balance beams, bars and rings along with many other activities - all in a safe, fun environment.

Fee: $135 R / $169 NR

Age	Dates	Day / Time	Code
2-3	Jun 14 - Aug 2	M 6 - 6:45 pm	222282-01

CLASSES ARE HELD AT: gym kinetics
19220 RIDGE ROAD, MOKENA • 708.479.6969
gymkinetics.com

ALL CLASSES WILL ADHERE TO LOCAL, STATE AND CDC GUIDELINES.

MINI

Students will continue to work on gross motor coordination through the use of gymnastics equipment and skills. Your little one will start learning the beginner stages of tumbling and experience all of the gymnastic apparatuses along with many other activities.

Fee: $135 R / $169 NR

Age	Dates	Day / Time	Code
4-5	Jun 14 - Aug 2	M 9 - 9:50 am	222284-01
4-5	Jun 15 - Aug 3	Tu 10 - 10:50 am	222284-02
4-5	Jun 16 - Aug 4	W 9 - 9:50 am	222284-03

BEGINNER GIRLS GYMNASTICS

This class provides a full fitness workout plus activities that will be physically and mentally challenging. Gymnasts will be taught skills on the vault, bars, beam and floor exercise. Strength, flexibility and coordination will be the concentration as these skills will be necessary to safely learn to perform on all equipment. No prior experience in gymnastics is required.

Fee: $141 R / $176 NR

Age	Dates	Day / Time	Code
5-6	Jun 14 - Aug 2	M 4 - 5 pm	222382-01
5-6	Jun 16 - Aug 4	W 11 am - 12 pm	222382-02
7-11	Jun 14 - Aug 2	M 10 - 11 am	222382-03
7-11	Jun 15 - Aug 3	Tu 4 - 5 pm	222382-04

ADVANCED BEGINNER GIRLS

Required skills for this class are backbend kick over, pull over on uneven bars, handstand vault and steady, confident, basic skills on the balance beam. Must be tested to enroll.

NEW

Fee: $141 R / $176 NR

Age	Dates	Day / Time	Code
6+	Jun 14 - Aug 2	M 10 - 11 am	222391-01



BEGINNER BOYS GYMNASTICS

Designed to introduce boys to the sport of gymnastics. Each student will learn fundamental skills on all six pieces of boys apparatuses: rings, parallel, bars, high bar, pommel horse and tumbling.

Fee: $141 R / $176 NR

Age	Dates	Day / Time	Code
5-6	Jun 15 - Aug 3	Tu 9 - 10 pm	222383-02
7-13	Jun 16 - Aug 4	W 6 - 7 pm	222383-03

BEGINNER TUMBLING

Tumblers start out preparing their bodies by taking time to learn basic flexibility and strength. Basic skills will be mastered during beginning tumbling. Forward and backward rolls, cartwheels, handstands, round-offs and multiple drills will progress your child into the intermediate tumbling class.

Fee: $143 R / $179 NR

Age	Dates	Day / Time	Code
6+	Jun 14 - Aug 2	M 4 - 5 pm	222385-01

NINJA GYM-KINETICS

Come join the awesomeness! The sport of Ninja is here at Gym-Kinetics. These fast moving classes are offered for boys ages 4-5 & 6-9. Come navigate through obstacles with many different challenges while working on agility, balance, strength and confidence.

NEW

Fee: $135 R / $169 NR

Age	Dates	Day / Time	Code
4-5	Jun 14 - Aug 2	M 11 - 11:50 am	222384-01
4-5	Jun 16 - Aug 4	W 9 - 9:50 am	222384-02
6-9	Jun 14 - Aug 2	M 4 - 4:50 pm	222384-03
6-9	Jun 16 - Aug 4	W 11 - 11:50 am	222384-04

CLASSES ARE HELD AT: gym kinetics
19220 RIDGE ROAD, MOKENA • 708.479.6969
gymkinetics.com

ALL CLASSES WILL ADHERE TO LOCAL, STATE AND CDC GUIDELINES.

NEW

Homewood-Flossmoor Park District

Discovery Preschool

Play is an amazing way to teach young learners and to cultivate a lifetime love for learning. Discovery Preschool teachers focus on learning through play, games, crafts, physical activity and more. Preschoolers will learn the fundamentals to prepare them for the years ahead.



Two-Year Olds *(Age 2 by September 1, 2021)*

Days	Times	Monthly Tuition
Tu, Th	9:15 - 10:45 am	$120 R / $130 NR

Finally Three *(Age 3 by December 31, 2021)*

Days	Times	Monthly Tuition
M, W	9:15 - 10:45 am	$120 R / $130 NR

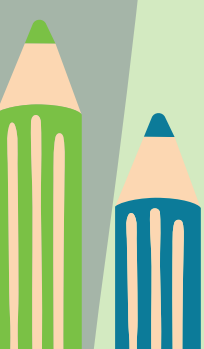
Three-Year Olds *(Age 3 by September 1, 2021)*

Days	Times	Monthly Tuition
M, W, F	9 - 11:30 am	$180 R / $190 NR
Tu, Th	9 - 11:30am	$120 R / $130 NR
M, W, F	12:30 - 3 pm	$180 R / $190 NR

Four-Year Olds *(Age 4 by September 1, 2021)*

Days	Times	Monthly Tuition
M -Th	8:45 - 11:15 am	$230 R / $240 NR
M-F	12:15 - 2:45 pm	$280 R / $290 NR

- 20% off the lowest fee for multiple children
- 10% discount if paying in full (9-months)
- Monthly payment plans are available
- Register online at hfparks.com
- A photocopy of child's birth certificate is required at registration





IRWIN COMMUNITY CENTER
18120 S. Highland Ave, Homewood, IL
708.957.7275 | hfparks.com

Homewood-Flossmoor Park District
WHERE YOU WANT TO BE



PHOTO SHOOT/PHOTOSHOP ELEMENTS

You will explore in depth photo editing techniques using Adobe Photoshop Elements. The following topics will be covered: color correction, brightness and contrast, replacing one part of the image with another, blurring an area of the photo which is in focus already, correcting for improper white balance, sharpening a blurred photo.

Instructor: Laurie Piton
Location: Online Platform
Fee: $60 R / $75 NR

Age	Dates	Day / Time	Code
15+	Jun 1 - 29	Tu 8 - 9 pm	214529-01

PHOTO 1 DIGITAL SLR

This introductory course in 35mm photography utilizing traditional film or digital SLR is designed for Users who want to expand their camera knowledge. Topics include proper exposure, action photos, depth of field, close-up flower photo, methods of focus, camera parts, use of flash, proper maintenance, film speeds, and selection of lens. Note: Participants must bring digital SLR (removable lens). Class offered for 5 weeks, 1 hours per week.

Instructor: Laurie Piton
Location: Online Platform
Fee: $60 R / $75 NR

Age	Dates	Day / Time	Code
15+	Jul 20 - Aug 17	Tu 7 - 8 pm	214527-01

ADULT SELF-DEFENSE

Learn to protect yourself if you are ever physically attacked with knowledge and preparation. This class will empower you with critical skills to help keep you safe. We will learn a variety of techniques to defend yourself and establish a proper mindset to resist attacks. Leave the classes with increased confidence, a greater sense of street awareness, better physical fitness and more. Please dress in loose fitting modest workout apparel. Masks are required. Class will be under the instruction of Ben Hillis, Master Instructor and fifth degree black belt in the Wado Ki Martial Arts system.

Location: H-F Racquet & Fitness Club
Fee: $48 R / $60 NR

NEW

Age	Dates	Day / Time	Code
19+	Jul 14 - Aug 18	W 5:45 - 6:30 pm	212731-01

BELLS AND BATTLE ROPES

This is an advanced total body work out that utilizes kettle bells and heavy ropes to deliver a high-intensity, fat-burning workout. This class combines cardiovascular endurance and strength training. Class will be set up in stations in order to provide for proper social distancing and cleaning in between circuits. This can be modified for different levels of fitness but is considered an advanced class. Club membership not required.

Location: H-F Racquet & Fitness Club
Fee: $40 M / $50 R / $60 NR

Age	Dates	Day / Time	Code
16+	Jun 3 - 24	Th 8 - 8:45 am	256535-01
16+	Jul 1 - 22	Th 8 - 8:45 am	256535-02

ARTHRITIS AQUA

Are you one of 50 million Americans that suffer from arthritis? Do you suffer from fibromyalgia? One of the best ways to control pain, increase flexibility, and improve daily function is through aquatic exercise. This gentle exercise class helps participants decrease pain and stiffness, improve or maintain joint flexibility, and gain muscle strength, balance & coordination. Class structured for people with arthritis but anyone is welcome. Activities are tailored to participants abilities and skill levels in our 82° pool. Participants do not need to be able to swim. Pool is 3'6" deep.

Instructor: Jori Rietveld
Location: H-F Racquet & Fitness Club
Fee: $60 M / $75 R / $90 NR

Age	Dates	Day / Time	Code
18+	Jun 25 - Jul 30	F 9 - 9:45 am	256526-01

HOT YOGA

During this 45 minute class we flow through a set sequences combining static postures and vinyasa flow in a heated area. The combination of the heat and humidity will allow the body to open, stretch and restore from the inside-out. Each class will help link breath and movement and deepen the connection of mind and body. This class is accessible for beginners, yet challenging for those practitioners who take more advanced variations of postures in class. Class will be held on the deck of the indoor pool area. Please remember to stay hydrated before, during and after class.

Location: H-F Racquet & Fitness Club
Fee: $40 M / $50 R / $60 NR

NEW

Age	Dates	Day / Time	Code
18+	Jun 5 - 26	Sa 8 - 8:45 am	256532-01
18+	Jul 3 - 24	Sa 8 - 8:45 am	256532-02

MEN'S 12" SOFTBALL LEAGUE

All teams will play double-header games on Sundays. Each game will be officiated by an ASA certified umpire. The season will be 9 weeks plus a one-day, single-elimination postseason tournament, or season will end by November 21, regardless of rain-outs. A monetary prize will be awarded to the top two teams in the regular season and to the playoff champion. The league will adhere to IDPH guidelines. Captains meeting: August 22, 9 am at Apollo Park. No games September 5.

Location: Apollo Park
Fee: $675 R / $775 NR

Age	Dates	Day / Time	Code
19+	Aug 22 - Nov 21	Su 9:45 am - 12 pm	SBF



CO-REC KICKBALL LEAGUE

Grab your friends for an old fashion kickball game! The season will be 8 weeks plus a 2-week, single-elimination tournament. Season will end August 19, regardless of rain-outs. A monetary prize will be awarded to the top two teams in the regular season and to the playoff champion. The league will adhere to IDPH guidelines. Captains meeting: June 10, 5:30 pm at Patriots Park.

Location: Patriots Park
Fee: $257 R / $357 NR

Age	Dates	Day / Time	Code
19+	Jun 10 - Aug 19	Th 6:30 - 7:30 pm	KICKBALL

REGISTER ONLINE



Registering for your favorite class has never been easier! Visit hfparks.com and use our new and improved online registration today!

COMMUNITY SPORTS & CLUBS

SPORTS

Flossmoor Baseball & Softball
flossmoorbbsb.com

Homewood Baseball & Softball
homewoodplayball.com

H-F Soccer Club
hfsoccerclub.org

H-F Jr. Vikings
hfjrvikings.org

Angels Girls Basketball
angelsathleticsinc.com

H-F Swim Club
708.309.8162

Viking Diving Club
708.798.4143

CLUBS

Friends of the Homewood Public Library
708.798.0121

Friends of the Flossmoor Public Library
708.798.3600

H-F Square Dance Club
708.334.4909

H-F Lions Club
708.922.1809

Homewood Community Arts Association
708.672.0959

Homewood Historical Society
708.799.1896

Homewood Women's Club
1920hwc@gamil.com

Rotary Club of Homewood
708.320.1936

Homewood Embroiderers' Guild
Facebook Page

Homewood Chapter of AARP
local.aarp.org/homewood-il/

Sauk Trail Rose Society
708.754.1886

Veterans of Foreign Wars
708.478.4679

South Suburban Archaeological Society
708.957.0678

South Suburban Garden Club
708.798.3268

ALL CLASSES WILL ADHERE TO LOCAL, STATE AND CDC GUIDELINES.



SENIOR LINE DANCE

Kick up your heels and start moving to the music! This drop-in participatory group is for all levels of dancers. Everyone can line dance at his or her own pace. Come join the fun!

Location: Irwin Community Center
Fee: $5 per class

Age	Dates	Day / Time	Code
55+	Jun 7 - Aug 30	M 10 - 11 am	210601
55+	Jun 7 - Aug 30	M 11:15 am - 12:15 pm	210601

EARLY BIRD BOCCE

The early bird gets the ball. Join our morning Bocce Ball League to stay active, have fun, and meet new people. Teams will compete in league play and tournament. Price includes coffee and prizes for the winning team.

Location: Wiley's Grill
Fee: $20 R / $25 NR

NEW

Age	Dates	Day / Time	Code
55+	Jun 8 - Jul 6	Tu 9:30 - 10:30 am	220623-01
55+	Jul 20 - Aug 17	Tu 9:30 - 10:30 am	220623-02



Registering for your favorite class has never been easier! Visit hfparks.com and use our new and improved online registration today!

LINE DANCIN' WITH JANELLE & CO

This line dance class is designed for anyone who wants to dance, have lots of fun, boost their metabolism and enjoy the company of others who want to do the same. Two left feet? No problem. You will learn the newest line dances as well as visit some of those oldies that you thought were forgotten. It's great exercise and you won't even know you're exercising. Expect to have a great time. See you there!

Instructor: Janelle & Company
Location: H-F Racquet & Fitness Club
Fee: $32 M / $36 R / $45 NR (Saturdays)
$40 M / $45 R / $57 NR (Tuesdays)

Age	Dates	Day / Time	Code
18+	Jun 5 - 26	Sa 1 - 2 pm	210514-02
18+	Jun 8 - 29	Tu 7 - 8 pm	210514-01

LUNCH AND FUN

Join your friends on the first Wednesday of the month for lunch and something fun. This month we will celebrate Cinco De Mayo. Bring your mask, masks will be required when you are not eating or drinking.

Location: Irwin Community Center
Fee: $15 R / $18 NR

Age	Dates	Day / Time	Code
55+	Jun 2	W 12 - 2 pm	220610-01
55+	Jul 7	W 12 - 2 pm	220610-02
55+	Aug 4	W 12 - 2 pm	220610-03

STOP

If you have any have of these symptoms:


Fever or Chills


Cough


Shortness of breath or difficulty breathing


Fatigue


Muscle or body aches


Headache


New loss of taste or smell


Sore throat


Congestion or runny nose


Nausea or vomiting


In close contact with someone who tested positive

Please stay home and do not attend programs, events or facilities.

Thank you for helping keep H-F Healthy!

KEEP H♥F HEALTHY

cdc.gov/coronavirus

H-F RACQUET & FITNESS CLUB



12,000 Sq. Ft. Fitness Center

Free Weight Area • Indoor Track

Cardiovascular Equipment • Strength Training

Stretching/Conditioning Area

Personal Training • Private Pilates Studio

Fascial Stretch Therapy

10 Indoor Tennis Courts

Tennis Classes & Lessons • 4-Lane Lap Pool

Racquetball Court

ProShop with on-site Racquet Stringer



CLUB SUMMER MEMBERSHIP SPECIAL

MAY 1 – SEPT 1

JOIN FOR
1 Month - $50 | 2 Months - $90
3 Months - $130

$20 Enrollment Fee per purchase. Rates are per person.
All memberships expire on or before 9/30/21.

MEMBERSHIP RATES

JOIN, REPAY AND SAVE!

ANNUAL CONTRACT (EFFECTIVE 5/1/21)

PREMIER MEMBERSHIP		Enrollment Fee
Primary (ages 18 - 61)	$457/yr.	$20
Add One	$845/yr.	$20
Add Two	$960/yr.	$20
Add Three	$1,075/yr.	$20
Add Four	$1,090yr.	$20
Senior (ages 62+)	$388/yr.	$20
Youth Indv. (ages 13- 17)	$228/yr.	n/a

Month-2-Month/NO Contract memberships available.

RACQUET SPORTS MEMBERSHIP		May 2021 Enrollment Fee Special
Primary (ages 18 - 61)	$231/yr.	FREE
Add One	$430/yr.	FREE
Add Two	$476/yr.	FREE
Add Three	$499/yr.	FREE
Senior (ages 62+)	$199/yr.	FREE
Youth Indv. (ages 13- 17)	$62/yr.	n/a

HFRacquetandFitness.com/membership

ALL CLASSES WILL ADHERE TO LOCAL, STATE AND CDC GUIDELINES.



THE WORKOUT ZONE

NOW available for everyBODY!

We have EXPANDED who can use the WORKOUT ZONE! Members with young children are still welcome to use the room to workout but now any members of the SAME household can reserve the space.

Here are the details:

- Advance reservations are required
- If you cannot use your reservation - PLEASE deregister so another family can use it
- Only 1 family at a time - masks are not required
- Reservations are for 1 hour (1/2 hour between reservations gives our staff time to clean and reset room)
- Adult(s) must be in room at all times if children are present
- Private bathroom is available
- Children may bring toys, books, games, etc. (no glue, glitter or messy crafts please)
- DVD player and TV available - bring your own DVDs
- Members must clean equipment that they use
- Cardio equipment, dumbbells weights, kettlebells, bands, tubing, barbell and plates, medicine balls, weight bench, step bench with risers, BOSU, and stability ball are available.



DOWNLOAD OUR FITNESS APP!

- Register for fitness classes and lap swim
- Get news and push notifications
- Compete in fitness challenges
- Track your workouts
- And much more!

Download on the App Store

GET IT ON Google Play

Search "H-F Racquet & Fitness" in your app store.

ONLINE RESERVATIONS

It has never been easier to save your spot in a class at the Club!

Just visit hfracquetandfitness.com and click on reservations to secure a spot in group classes or a lane in the pool.

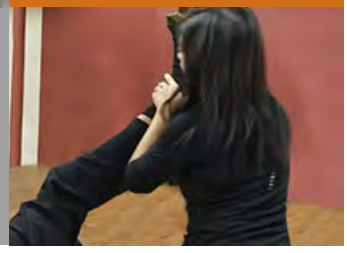


PERSONAL TRAINING

Starting at $42 per hour.

FASCIAL STRETCH THERAPY

Starting at $65 per hour.







FAMILY TENNIS

To be eligible, family members must be in same household.

Call 708-799-1323 today to reserve!
Loaner racquets available and tennis balls provided.

$15 per hour

Some restrictions may apply

YOUTH TENNIS PROGRAMS

JUNIOR PICKLEBALL PRIMER

This course will cover the basics of pickleball rules, terminology, primary skills, coordination and more. Paddles and balls provided.

Location: Lions Club Park Courts
Fee: $60 M / $72 R / $90 NR

Age	Dates	Day / Time	Code
11-14	Jun 9 - Jul 14	W 4 - 5 pm	252250-01



TENNIS SUMMER CAMPS

If you are a basic player looking to get instruction that is more technical or if you are a highly ranked player looking for some intense competition, we have the summmer camp for you.

More details on page 8.

ADULT TENNIS PROGRAMS

STAY IN THE GAME

Designed for players to refine their current knowledge of the game. Building on fundamental techniques, stroke mechanics and techniques, and court positioning. Designed for players with a National Tennis Rating Program (NTRP) of 2.0 – 2.5.

Location: Indian Trails Park Courts
Fee: $136 M / $163 R / $204 NR

Age	Dates	Day / Time	Code
19+	Jun 15 - Aug 5	Tu/Th 1 - 2:30 pm	252330-01

START/RESTART TENNIS

If you are new to the game or returning to tennis, this class is for you. Focusing on fundamentals, drills and games. Designed for players with a National Tennis Rating Program (NTRP) of 1.0 - 1.5.

Location: H-F Racquet & Fitness Club
Fee: $120 M / $144 R / $180 NR

Age	Dates	Day / Time	Code
19+	Jun 10 - Jul 29	Th 6 - 7 pm	252320-01

ADULT DRILLS & PLAY

Players are able to sustain long rallies and are able to play singles or doubles matches. This program will consist of drills, strategy and games geared to improving skills and match play. Designed for players with a National Tennis Rating Program (NTRP) of 3.0+.

Instructor: Teri Watland
Location: Pheasant Trails Courts (Mondays)
Lions Club Park Courts (Wednesdays)
Flossmoor Park Courts (Thursdays)

Fee: $150 M / $180 R / $225 NR

Age	Dates	Day / Time	Code
19+	Jun 1 - Jul 27	Tu 9 - 10:30 am	252340-02
19+	Jun 3 - Jul 29	Th 9 - 10:30 am	252340-03
19+	Jun 7 - Aug 2	M 9 - 10:30 am	252340-01
19+	Jun 9 - Aug 4	W 6 - 7:30 pm	252340-04



PICKLEBALL PRIMER

This course will cover the basics of pickleball rules, terminology, primary skills, coordination and more. Paddles and balls provided.

Location: Lions Club Park Courts
Fee: $90 M / $108 R / $135 NR

Age	Dates	Day / Time	Code
19+	Jun 9 - Aug 4	W 5 - 6 pm	252400-01

ALL CLASSES WILL ADHERE TO LOCAL, STATE AND CDC GUIDELINES.



Coyote Run Golf Course is a public 18 hole, par 71 course; it measures 6,478 yards and tests the skill level of all golfers. The course has three tee boxes on each hole with bent grass fairways, tees and greens. Water hazards come into play on 11 of Coyote Run's 18 holes.

Services and amenities offered include:

- Practice area including driving range with a grass tee, four target greens, putting and chipping greens and artificial mats for use in wet conditions.
- Three hole practice / teaching course with lessons and player development programs.
- Pro Shop fully stocked with the latest equipment, products and clothing.
- Wiley's Grill is a full service restaurant open year-round to the public.
- On and off-site catering.

COYOTE RUN GOLF COURSE HOURS:
DAWN TO DUSK

LEAGUES

GOLF LEAGUES

Enjoy weekly tee times at Coyote Run. As a part of a Coyote Run golf league, you will be playing golf with friends and have the opportunities to make new ones. The league will be managed by the golf staff, players will be handicapped and flighted. Scorecards will be collected and weekly scores posted. All levels of players will be encouraged to participate.

Location: Coyote Run Golf Course
Fee: $30

Age	Dates		Code
Men's 9 Hole			
18+	Apr 27 - Aug 31	Tu 4 - 5:30 pm	144501-01
Women's 9 Hole			
18+	Jun 7 - Aug 30	M 5:15 - 6 pm	144502-01
Men's 18 Hole			
18+	Apr 22 - Sep 2	Th 7:30 - 8:30 am	144503-01
Women's 18 Hole			
18+	May 18 - Sep 14	Tu 7:30 - 8:45 am	144504-04

golf outings

Coyote Run offers the perfect backdrop to entertain for business or pleasure. Offering 6,478 yards of golf with water on 11 of the 18 strategically placed holes, the course promises to make your outing as challenging as it is fun. Outing participants can enjoy the fully stocked pro shop, lighted driving range, and even the three-hole learning course.

The staff is prepared to offer groups of 20-144 players a competitively priced package with top-notch service, catering and clubhouse amenities. Your group can be guaranteed a challenging course with accommodating staff and great food. Call 708.957.8700 or email Tom at tdenklau@hfparks.com to book your 2021 date.



ALL CLASSES WILL ADHERE TO LOCAL, STATE AND CDC GUIDELINES.

ADULT GOLF CLINICS

Location: Coyote Run Driving Range
Fee: $15 R / $20 NR

DRIVER TUNE UP

This clinic will start with the golf swing and provide answers to why 90% of golfers slice the ball. Learn the proper balance, ball position and swing plan to give you areas of focus in your swing. There will also be a discussion on fairway woods and hybrids.

Age	Dates	Day / Time	Code
16+	Jun 19	Sa 10:15 - 11:15 am	246503-01
16+	Jun 22	Tu 6 - 7 pm	246503-02
16+	Jul 17	Sa 11 am - 12 pm	246503-03

IRONS TUNE UP

This clinic will cover everything in the golf swing, from the proper set up to the picturesque finish. Learn balance, swing plan and ball position during this clinic to help your game in the future.

Age	Dates	Day / Time	Code
16+	Jun 26	Sa 10:15 - 11:15 am	246502-01
16+	Jun 29	Tu 6 - 7 pm	246502-02
16+	Jul 24	Sa 11 am - 12 pm	246502-03

PUTTING TUNE UP

This clinic will cover everything in the golf swing, from the proper set up to the picturesque finish. Learn balance, swing plan and ball position during this clinic to help your game in the future.

Age	Dates	Day / Time	Code
16+	Jun 12	Sa 10:15 - 11:15 am	246508-01
16+	Jun 15	Tu 6- 7 pm	246508-02
16+	Jul 31	Sa 11 am - 12 pm	246508-03

SHORT GAME TUNE UP

How's your short game? Do you make these comments: "I don't 3-putt that much" or "I hate the sand"? If these are common phrases in your golf game, then we have the clinic for you. From putting, to chipping to bunker shots, our staff can help what ails you.

Age	Dates	Day / Time	Code
16+	Jun 5	Sa 10:15 - 11:15 am	246507-01
16+	Jun 8	Tu 6 - 7 pm	246507-02
16+	Jul 10	Sa 11 am - 12 pm	246507-03



GET GOLF READY

Get Ready Golf is designed to teach everything you'll need to play golf in just five lessons. PGA professionals will show you that there are lots of ways to play by combining fun, friends, and fitness. Each session will focus on the various golf skills you will use while playing. In addition to learning the basics, you will be guided onto the golf course to put your skills into action in a casual, friendly setting.

Location: Coyote Run Golf Course
Fee: $99 R / $110 NR

Level I

Age	Dates	Day / Time	Code
16+	Jun 3 - 24	Th 6 - 7 pm	246505-02
16+	Jun 5 - 26	Sa 8:45 - 10 am	246505-01

PRO SHOP

Visit the Coyote Run pro shop for all your equipment needs. Top of the line equipment is available from Callaway, Titleist, Greg Norman and Cutter & Buck. Whether it is golf balls and gloves or clubs and apparel - Coyote Run has it all!

Coyote Run Gift Cards are also available and make the perfect gift for all golfers. Gift Cards are available in any denomination.

YOUTH GOLF CAMPS

LET'S GO PLAY

The Let's Go Play! Golf Camp will take the young golfers out onto the golf course and put their skills to test. The camp will place an emphasis on safety, etiquette, and FUN. Rental clubs are available for no additional fee, but you can also purchase a set in time for the class.

Location: Coyote Run Driving Range
Fee: $60 R / $80 NR

Age	Dates	Day / Time	Code
5-8	Jun 28 - Jul 1	M-Th 9 - 10 am	246301-02
9-15	Jun 28 - Jul 1	M-Th 10 - 11 am	246301-01

COYOTE PUPS

The Coyote Pups Golf Camp will take the young golfers from the putting green to the golf course. They will learn the proper technique for grip, aim, and set up to get the kids off to the right start. This fee also includes a range card good for four buckets of range balls, as well as some supplies to stock the bag. Coyote Run has plenty of clubs to use, but you can also purchase a set from us in time to use. Masks are required throughout the entire class.

Location: Coyote Run Driving Range
Fee: $60 R / $80 NR

Age	Dates	Day / Time	Code
5-8	Jun 7 - 10	M-Th 9 - 10 am	246303-01
5-8	Jun 21 - 24	M-Th 1 - 2 pm	246303-02
5-8	Jul 12 - 15	M-Th 9 - 10 am	246303-03

COYOTE JUNIOR GOLF

The Coyote Junior Golf Camp will take the junior golfers from the putting green to the golf course and further develop skills that they have learned growing up. This fee also includes a range card good for four buckets of range balls, as well as some supplies to stock the bag. Coyote Run has plenty of clubs to rent/purchase during this clinic. Masks are required throughout the entire class.

Location: Coyote Run Driving Range
Fee: $60 R / $80 NR

Age	Dates	Day / Time	Code
9-15	Jun 7 - 10	M-Th 10 - 11 am	246302-01
9-15	Jun 21 - 24	M-Th 2 - 3 pm	246302-02
9-15	Jul 12 - 15	M-Th 10 - 11 am	246302-03

PGA jr. league golf



We are proud to announce that we've joined the 3,300+ teams that participated in PGA JLG last season and will be participating again in 2021!

PGA Junior League Golf (PGA JLG) is designed to bring a "Little League" atmosphere to the game of golf. With teams of boys and girls, age 13 and under, PGA JLG provides a structured league environment for young golfers to compete and have fun! This is a great way to get, and keep, kids involved in the game! For children 14 and older, please email tdenklau@hfparks.com. This age group will have a similar program specifically designed for the oder players.

PGA JLG PARTICIPANTS RECEIVE

- Numbered team jersey, bag tag and "Flag" stickers
- 5-6 regular season competitions starting in May. schedule will be set early May.
- Practice every week from May 17 until Mid - July. (8 total.) Additional pop-up practices TBD.
- Access to customized website home page featuring rosters, schedules and standings
- Opportunity for advancement to postseason play via League All-Star teams

PROGRAM STRUCTURE

- Fun and recreational 2-player scramble format for players of every skill level
- All participants get to play in every competition they attend
- Ideal team make-up is 4 novices, 4 average & 4 above average players

PLAYER PROFICIENCY

- Advanced skills not required, but must have access to a set of golf clubs
- If your child can drive, chip or putt... we have a role for them on our JLG team!

HOW TO REGISTER

Player registration starts March 1. Go to PGAJLG.com or contact Tom Denklau at 708.957.8700 or email tdenklau@hfparks.com for more information. Fee: $255 for season.

H-F ICE ARENA



OFFICE HOURS

Call 708.957.0100 for current hours.

Main Arena

- Ice surface measures 200 ft. long by 85 ft. wide
- A viewing area that comfortably seats 1,200

This area hosts many of our lessons, synchronized skating teams, skating competitions, hockey leagues and practices, public skating sessions and special events throughout the year.

Studio Arena

- Ice surface measures 90 ft. long by 40 ft. wide
- Available for private rentals

This surface hosts many of our hockey and figure skating group and private lessons. H-F Ice Arena birthday parties are also held in the Studio Arena.

Public Skate

Please check hfparks.com for updated times.

Rat Hockey / Stick & Puck sessions will be announced on hfparks.com and Facebook.



PRIVATE LESSONS - FIGURE SKATING

For Figure skating lessons, please contact our Figure Skating Coordinator, Jonnie Malizia. (jmalizia@hfparks.com)

Figure skating lessons should start for the beginning skaters looking to practice techniques outside of the normal class session. Students will receive more one-on-one interaction during these sessions that can help skaters bring their skills to a higher desired level. Private lessons for our figure skaters take place on our Freestyle ice and are scheduled accordingly with one of our coaches.

PRIVATE LESSONS - HOCKEY

For hockey lessons, please contact our Hockey Coordinator, Christopher Cimoch. (ccimoch@hfparks.com)

Hockey lessons are available for players in our hockey development classes and/or youth league. These lessons are for skaters interested in taking their game to the next level. Skaters will receive a more personal setting to help them work on different aspects of hockey that the skater may be having a hard time executing during a class session. Hockey lessons take place on Sunday mornings on our studio rink and will be scheduled accordingly with one of our coaches.

ALL CLASSES WILL ADHERE TO LOCAL, STATE AND CDC GUIDELINES.

LEARN TO SKATE



LEARN TO SKATE

Skating for beginners is designed for those who want to learn the fundamentals of skating. Learn to Skate Preschool includes the proper way to fall, get up, forward marching, gliding and balancing on the ice. Toys are used to encourage those who appear apprehensive. No class June 28, 29 and July 3.

Fee: $72 R / $82 NR

Age	Dates	Day / Time	Code
4-6	Jun 7 - Jul 26	M 5:30 - 6 pm	276201-01
4-6	Jun 8 - Jul 27	Tu 10 - 10:30 am	276201-02
4-6	Jun 12 - Jul 31	Sa 9 - 9:30 am	276201-03

LEARN TO SKATE

Skating for beginners is designed for those who want to learn the fundamentals of skating. Learn to Skate Youth includes the proper way to fall, get up, advanced forward marching and gliding. This class also introduces backward skating, balancing on two feet, beginning forward swizzles and beginning snowplow stops on two feet. No class June 28, 29 and July 3.

Fee: $72 R / $82 NR

Age	Dates	Day / Time	Code
7-12	Jun 7 - Jul 26	M 6:15 - 6:45 pm	276202-01
7-12	Jun 8 - Jul 27	Tu 10:45 - 11:15 pm	276202-02
7-12	Jun 12 - Jul 31	Sa 9:45 - 10:15 am	276202-03

BEGINNER & BASIC SKILLS

Fee: $103 R / $113 NR

BEGINNER 1

Beginner 1 skaters will work on the following: skating forward across the ice, forward one-foot glides, advanced forward swizzles, beginning backward swizzles and more. Some skaters may repeat levels. No class July 3.

Age	Dates	Day / Time	Code
6-12	Jun 12 - Jul 31	Sa 10:30 - 11:15 am	276203-01

BEGINNER 2

Beginner 2 skaters will work on the following: scooter pushes, backward two-foot glides, rocking horse, advanced backward swizzles, two-foot turns from forward to backward in place and moving snowplow stop. Skaters may repeat levels. No class July 3.

Age	Dates	Day / Time	Code
6-12	Jun 12 - Jul 31	Sa 10:30 - 11:15 am	276204-01



BASIC 3

Basic Skills 3 will be a review of Beginner 1 & 2, in addition to other USFS maneuvers. This level includes forward stroking, forward pumps on a circle, moving forward to backward two-foot turns on a circle and more. Skaters may repeat levels. No class July 3.

Age	Dates	Day / Time	Code
6-12	Jun 12 - Jul 31	Sa 11:30 am - 12:15 pm	276005-01

Every skater will progress at a different pace. It's not uncommon for skaters to repeat a level more than once.

BASIC 4

Basic Skills 4 includes more advanced glides in both forward and backward positions than Basic Skills 3. Skaters will be taught backward stroking, three-turns, backwards stops and more. Some skaters may repeat levels. No class July 3.

Age	Dates	Day / Time	Code
6-12	Jun 12 - Jul 31	Sa 11:30 am - 12:15 pm	276006-01

BASIC 5

Skaters who are ready for Basic Skills 5 will learn backward cross overs, advanced backward glides and edges in addition to the entry of a one-foot spin. Other maneuvers will be introduced as well. Some skaters may repeat levels. No class July 3.

Age	Dates	Day / Time	Code
6-12	Jun 12 - Jul 31	Sa 11:30 am - 12:15 pm	276007-01

BASIC 6

The skater who is ready for Basic Skills 6 has really made the commitment to skating. A Basic Skills 6 skater will be taught forward arabesques also known as spirals, T-stops, bunny hops, inside three-turns and more. No class July 3.

Age	Dates	Day / Time	Code
6-12	Jun 12 - Jul 31	Sa 11:30 am - 12:15 pm	276008-01



Every skater will progress at a different pace. It's not uncommon for skaters to repeat a level more than once.

ADVANCED SKATING

Fee: $103 R / $113 NR

PRE-FREE SKATE

Skaters who are ready for Pre-Free Skate will learn how to transition from a forward position to a back position on one foot, be introduced to a proper land position, a forward pivot and more. Skills become polished in preparation for Free Skate. Some skaters may repeat levels. No class July 3.

Age	Dates	Day / Time	Code
6+	Jun 12 - Jul 31	Sa 12:30 - 1:15 pm	276011-01

FREE SKATE 1

Congratulations, you made it to Free Skate! Skaters in Free Skate 1 will work on advanced forward stroking, forward edges, backwards three-turns and familiar jumps and spins. Skaters will be required to execute each required element with speed, grace and control. Additional practice is required. No class July 3.

Age	Dates	Day / Time	Code
6-12	Jun 12 - Jul 31	Sa 12:30 - 1:15 pm	276012-01

FREE SKATE 2

Free Skate 2 is designed to enhance your jump and spin skills. Skaters will be introduced to jump sequences, basic footwork and advanced patterns. Skaters are strongly encouraged to practice in addition to class time. No class July 3.

Age	Dates	Day / Time	Code
6-12	Jun 12 - Jul 31	Sa 12:30 - 1:15 pm	276013-01

FREE SKATE 3

A Free Skate 3 skater will be taught single jump combinations, backward figure eight patterns, backward spins and more. It is strongly recommended that students skate more than once a week. No class July 3.

Age	Dates	Day / Time	Code
6-12	Jun 12 - Jul 31	Sa 12:30 - 1:15 pm	276014-01

FREE SKATE 4

The Free Skate 4 class will include sit spins, loop jumps and loop jump combinations as well as spiral sequence patterns and more. Skaters may want to consider private lessons to help with their skills. No class July 3.

Age	Dates	Day / Time	Code
6-12	Jun 12 - Jul 31	Sa 12:30 - 1:15 pm	276015-01

FREE SKATE 5

Skaters in Free Skate 5 will learn Camel spins, flip jumps, advanced footwork and patterns as well as advanced jump sequences. Skaters will also be introduced to additional jump combinations from previous levels. Skaters should be practicing several times a week in addition to class time. No class July 3.

Age	Dates	Day / Time	Code
6-12	Jun 12 - Jul 31	Sa 12:30 - 1:15 pm	276016-01

FREE SKATE 6

Skaters in Free Skate 6 will learn more advanced footwork and patterns as well as advanced jump sequences. Skaters will also be introduced to additional advance jump combinations like previous levels. To maintain these skills skaters must practice several times a week. No class July 3.

Age	Dates	Day / Time	Code
6-12	Jun 12 - Jul 31	Sa 12:30 - 1:15 pm	276017-01



ADULT SKATING - BEGINNER

Beginner Adult Skating is for any skater age 13 and above. Skaters will be taught the basics of skating and the proper use of form. Skaters may be introduced to spins and basic jumps with proper technique and positioning. They will also be taught advanced one turns and transitions from forward to backwards. No class June 28.

Fee: $103 R / $113 NR

Age	Dates	Day / Time	Code
13+	Jun 7 - Jul 26	M 7 - 7:45 pm	276021-01

ADULT HOCKEY

Adults learn to skate, stickhandle, shoot, and all basic skills of hockey. A fun way to learn the game and get some exercise that cannot be matched. No class July 1.

Fee: $103 R / $113 NR

Age	Dates	Day / Time	Code
18+	Jun 11 - Jul 30	F 7:50 - 8:50 pm	277005-01



HOCKEY DEVELOPMENT

Prepare your skater for house league hockey! Boys and girls interested in starting house league in the Fall must pass Silver Hockey skills to play at the Mite level and Gold Hockey skills to play at the Squirt, Peewee, Bantam and Girls levels. Contact the Ice Arena if you are unsure as to which level to register your child. All classes require full hockey equipment. Pre-requisite: Skater must have passed a Learn to Skate class and must be able to skate unassisted. No class July 2.

Location: H-F Ice Arena
Fee: $103 R / $113 NR

PRE-HOCKEY

Age	Dates	Day / Time	Code
4-6	Jun 11 - Jul 30	F 5:15 - 6 pm	277001-01

BRONZE HOCKEY

Age	Dates	Day / Time	Code
6-13	Jun 11 - Jul 30	F 5:15 - 6 pm	277002-01

SILVER HOCKEY

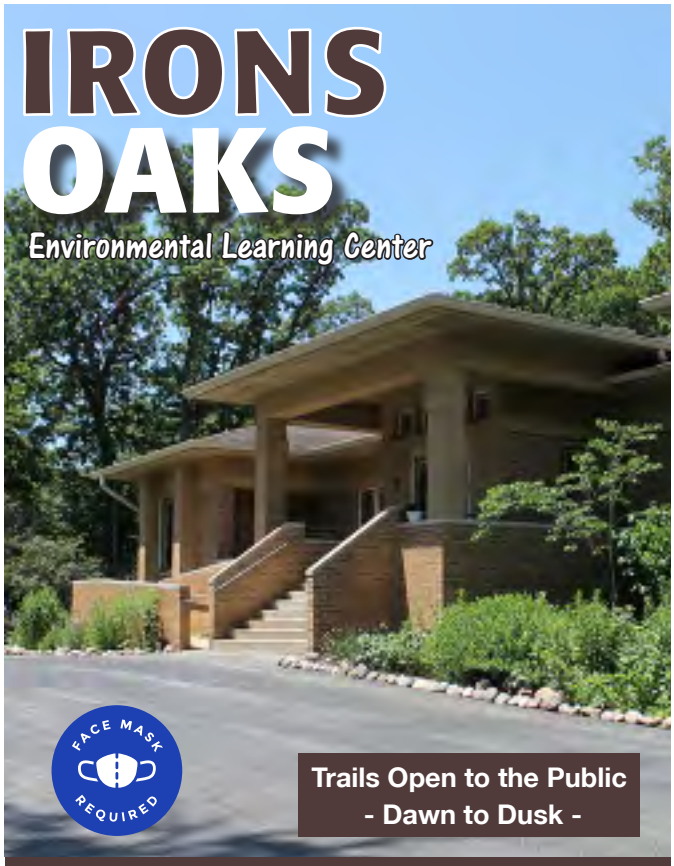
Age	Dates	Day / Time	Code
6-13	Jun 11 - Jul 30	F 5:15 - 6 pm	277003-01

GOLD HOCKEY

Age	Dates	Day / Time	Code
6-13	Jun 11 - Jul 30	F 5:15 - 6 pm	277004-01



ALL CLASSES WILL ADHERE TO LOCAL, STATE AND CDC GUIDELINES.



The Irons Oaks Environmental Learning Center is a joint project of the Homewood-Flossmoor and Olympia Fields Park Districts. Our thirty-eight acre nature preserve is home to a vast diversity of wildlife and habitat types. See beautiful woods, wildflowers, birds and furry friends along the way on our trails! Trails open to the public dawn to dusk.

OFFICE HOURS:
Office Closed. Call for appointment.

IRONS OAKS OFFERS:

- Corporate Outreach and Retreat
- Adventure Center
  - Teams Course
  - High Ropes Course
  - Climbing Tower & Crate Climbing
  - Power Pole
- Environmental Education
- Room Rentals
- Public Events and Programs



FAMILY FIELD TRIPS

OUTDOOR PROGRAM

Keep your family active and united this summer by taking a safe outdoor field trip at Irons Oaks. You and your family will learn, adventure and explore together in the great outdoors. Choose from one of the topics below. These activities will rejuvenate both the mind and body. Times are flexible. Email ironsoaks@hfparks.com to set up your time.

Program Length: One-hour
Fee: $30 for up to 4 family members.
$5 per additional family member.

- Team Building: Ages 5+ Work together to solve challenges and grow as a family. A facilitator will support your team through each of the exciting challenges.
- Crate Stacking: Ages 3+ This exciting activity unites your family as you encourage each other to stack and climb crates as high as you can go.
- Nature Hike: All ages Refresh the mind while exploring the natural wonders of Irons Oaks through a guided nature hike. Enjoy the fresh air, sights and sounds of nature while hiking the forest.
- Night Hike: Ages 3+ Encourage your family to learn and feel safe in the outdoors after dark. Learn about nocturnal animals and how we can better develop our own senses and awareness of the dark.





HIGH ROPES COURSE

Irons Oaks has two unique high ropes courses that are situated approximately 30-35 feet off the ground. While traversing from one obstacle to the next, participants are encouraged to plan, take calculated risks, motivate each other, problem solve, communicate and assume a positive "can do" attitude.

Half Day Program (up to 4 hours):	$275 R / $420 NR
Full Day Program with Team Development (4 to 8 hours):	$380 R / $575 NR

team building

The Irons Oaks Team Building Course is made up of a variety of low-to-the-ground activities and obstacles and is great for families too. Situated throughout 38 acres of beautiful old growth Oak trees, we provide a fantastic place to get outside and have fun with friends, co-workers and acquaintances. An Irons Oaks' Facilitator will lead you through a customized program of four or eight hours as you build on team successes as well as process, grow and learn from your experiences. *All fees are per groups of 14. Maximum group size: 250 participants per day.*

Half Day Program (up to 4 hours)

Teams: Student / Family Rate	$200 R / $305 NR

Full Day Program (4 to 8 hours)

Teams: Student / Family Rate	$380 R / $575 NR
Teams and Ropes: Student / Family	$380 R / $575 NR

Visit ironsoaks.com for corporate and not-for-profit corporate groups rates.

CLIMBING TOWER RENTALS

Adventure closer to home this winter. Get your family or friends together and reserve the tower for two hours. This is great for scout groups, birthday parties and a family get together. Guidance from the IDPH and CDC for social distancing, handwashing and masks will be followed.

Program Length: 2 hours

Fee: $150 for up to 15 people

BOY SCOUTS

Tiger Cub - 1 hour programs- $60 per group of 15
Backyard Jungle & Tigers in the Wild

Bear - 1.5 hour program - $75 per group of 15
Furs, Feathers and Ferns

Webelos - 1.5 hour program - $75 per group of 15
Into the Woods

GIRL SCOUTS

Daisy Scouts Petals- 1 hour programs- $60 per group of 15
Red: Courageous and Strong
Green: Use Resources Wisely
Rose: Make the World a Better Place

Brownie Scouts - 1 hour programs- $60 per group of 15
Bugs Badge (Legacy: Naturalist)
Senses Badge (It's Your Planet)

Junior Girl Scouts – 1.5 hour programs - $75 per group of 15
Animal Habitats (It's Your Story)
Junior Dectective
Eco Camper

Cadettes - 2 hour programs $90 per group of 15
Trees Badge (Legacy)
Night Owl (It's Your Story)
Residents receive a $10 discount per group.

Email ironsoaks@hfparks.com to register for on-site or virtual scouting programs. We will follow all scouting, IDPH and CDC guidelines for distancing, masks and handwashing. Invite us to your virtual meetings. We can lead many of these programs over Zoom and can also lead scouting skills like knot tying, shelter building, teambuilding and juggling. Let us know how we can help enhance your meetings!

Scouts, Need An Outdoor Space To Meet?
Rent a shelter for $15 per hour.

GOOD TIMES &
GREAT FOOD

800 Kedzie Avenue | Flossmoor, Illinois 708.957.8774 | WILEYSGRILL.COM



Wiley T. Dog

WILEY'S

Open year round and open to the public, Wiley's prides itself on casual fair with a contemporary flair. A warm, inviting venue lends itself to not only comfortable dining, but a great place for special events and private parties.

WILEYSGRILL.COM

CURBSIDE PICK UP
708.957.8774

With our curbside pickup, you don't have to leave your car, and you can still receive your order in a safe and timely manner.

Event Venue / Drop Off / Full Service Catering

Wiley's is also the perfect venue to host your next event. Whether it's a bridal shower, rehearsal dinner, birthday party or family reunion, we'll make sure it's a wonderfully memorable event. Wiley's also offers off premise catering, custom buffets and a full menu to suit all taste buds.



2021 Rover's Run Passes On Sale Now!

rover's run DOG PARK

LOCATION

Rover's Run is located in Apollo Park near the 191st Street entrance, just three blocks east of Center Avenue.

MEMBERSHIP

Rover's Run is a membership-only dog park that is regulated by Cook County. Membership is open to residents and non-residents with friendly dogs that are fully immunized, dewormed, licensed and wearing tags. Membership applications are available at the Goldberg Center, Irwin Community Center and online at hfparks.com. Applications must be signed by a veterinarian and accompanied by a copy of your dog's current vaccinations. Upon registration, you will receive a member key card and dog tag.

Fee	Description
$30	Resident
$45	Non Resident
$5	Each Additional Dog
$10	Replacement Key

FEATURES

Our 3-acre park features a large fenced area for running, a separate fenced-off training area with its own entrance, several benches, a walking path and an owner / doggie drinking fountain.

SPOT CHECKS

The Rover's Run membership tag must be worn on your dog's collar at all times while visiting the park. Cook County conducts random spot checks to ensure that only members are using the dog park. Individuals not in compliance with the membership requirements will be cited. The Homewood Police Department may also ticket for lack of membership tags.

TRAILHOUNDS

Friendly canines of all ages, sizes, and breeds are welcome for these FREE on-leash walks. Socializing and being active are just some of the benefits. Walkers will also receive tips about exercising with your pets. Participate whenever you like; no registration is needed. Be sure to bring water for yourself and your dog. Owners 12 + years of age. Masks required.

Date	Park	Distance	Time	Address
W, April 21	Leavitt Park	1/10 mile	7 pm	1010 Leavitt Ave, Flossmoor
M, May 3	Millennium Park	4/10 mile	7 pm	18600 Harwood Ave, Homewood
F, May 14	Indian Trails Park	1/2 mile	7 pm	Riegel Rd & Willow Rd, Homewood
T, May 25	Ballantrae Park	3/10 mile	7 pm	Antholl & Kinross, Flossmoor
M, June 7	Woodborough Park	3/10 mile	7 pm	18402 Aberdeen St, Homewood
Th, June 17	Flossmoor Hills Park	4/10 mile	7 pm	Hamlin Ave & 188th St, Flossmoor
M, June 28	Millennium Park	4/10 mile	7 pm	18600 Harwood Ave, Homewood
Th, July 8	Woodborough Park	3/10 mile	7 pm	18402 Aberdeen St, Homewood
Sun, July 18	Apollo Park	Varies	7 pm	Morgan St & Bowling Green Rd,
W, July 28	Flossmoor Park	4/10 mile	7 pm	2523 Flossmoor Rd, Flossmoor
M, Aug 9	Indian Trails Park	1/2 mile	7 pm	Riegel Rd & Willow Rd, Homewood
F, Aug 20	Millennium Park	4/10 mile	7 pm	18600 Harwood Ave, Homewood
T, Aug 31	Leavitt Park	1/10 mile	6 pm	1010 Leavitt Ave, Flossmoor
Sat, Sept 11	Patriot's Park	4/10 mile	9 am	187th St & Center Ave, Homewood

ALL CLASSES WILL ADHERE TO LOCAL, STATE AND CDC GUIDELINES.

facility rentals

All facilities must follow state guidelines which limits capacity to 50 guests or 50% of the total capacity.







THE CLUBHOUSE AT DOLPHIN LAKE

2700 W. 183rd Street, Homewood - 708.957.0300
A large event/meeting room, scenic view of Dolphin Lake, wrap-around deck and a catering kitchen with full table and chair set up. Audio visual equipment and other amenities are available. Capacity 120.





PARK PLACE IN FLOSSMOOR PARK

2523 Flossmoor Road, Flossmoor - 708.957.0300
Ideal for small gatherings! Scenic view, table and chair set up. Capacity 35.



H-F PARK DISTRICT AUDITORIUM

2010 Chestnut Street, Homewood - 708.957.0300
Large gymnasium, a stage with stadium-style seating, basketball and volleyball nets. Capacity 300.



H-F RACQUET & FITNESS CLUB

2920 W. 183rd Street, Homewood - 708.799.1323
Conference room with table and chair set up. Audio visual equipment available. Food may be brought in. Capacity 50. Fitness studio with sound system, mirrored walls and wooden floors. Instructors available for an additional fee. Capacity 40.



H-F ICE ARENA

777 Kedzie Avenue, Flossmoor - 708.957.0100
800 sq. ft. of space with table and chair set up. Audio visual equipment available. Capacity 45.



IRONS OAKS

Main building with one large room (capacity 80) that can be divided into two small rooms (capacity 40 each), a small kitchenette, full table and chair set up and an outdoor deck. The Discovery Center, located behind the main building on our grounds, offers a scenic, wooded setting for your event. Table and chair set up is provided. Capacity 70. Tent rentals also available.





IRWIN COMMUNITY CENTER

18120 S. Highland Avenue, Homewood - 708.957.7275
A variety of room sizes, a kitchen, full table and chair set up and sound system. Gazebo and bandshell rentals are also available. Capacity 150.



WILEY'S GRILL

800 Kedzie Avenue, Flossmoor - 708.957.8774
Full seating dining room with bar, fireplace and "The Porch." Audio visual equipment available. Private parties and events welcomed indoors and out. Capacity 150.

PARK PERMITS

Any group with 15 or more that wishes to use a park must purchase a permit. If your group wishes exclusive use of the shelter and or picnic tables at Goldberg, Hillcrest, Apollo, Leavitt, Patriots, Ballantrae, Irwin or Millennium Park, this request must be specified on the Park Permit form. All other park amenities (playgrounds, ball fields and water playground) are open to the public.

Picnic permits for all parks can be purchased at the Goldberg Center and the Irwin Community Center. A maximum of 50 people are permitted per rental except at Irwin Park, which can accommodate up to 100 people. Rental fees are $25 R / $50 NR per hour for all other parks. Fees for groups of 51 - 100 at Irwin Park are $40 R / $80 NR. Park permits go on sale March 1.

ATHLETIC FIELD RENTALS

The Homewood-Flossmoor Park District rents athletic fields to local teams in three hour time blocks. Rental fees are $10/per hour for residents and $40/per hour for nonresidents.. To reserve the field, teams must submit their rosters in advance. Subject to availability; for more information, please call 708.957.0300.





tree memorial program

How would you like a tree, sculpture, garden or even a bike rack be memorialized for your friend or loved one? Now it's possible with the Homewood-Flossmoor Park District Memorial Program. This is a gift that will benefit the community for years to come. The memorial is publicly recorded by the placement of an engraved plate on a special plaque at the District's Administration Center.

TREES

Trees may be selected from the district's recommended tree list, which consists of native trees that thrive in the Homewood-Flossmoor area.

- Trees such as oak, linden or hackberry trees - $300
- Evergreen such as a spruce, fir or pine - $350

Donors are invited to attend the planting ceremony. A photograph of each donated tree is placed in a memorial book kept at the Administration Center

PARK EQUIPMENT

Another way to leave a legacy is through the purchase of park equipment such as a bench, a sculpture or bicycle racks. For an additional fee, donors may purchase a personalized plaque honoring your friend or loved one. This small plaque is placed at the tree's base or on the piece of park equipment.

- Park equipment such as sculptures or benches - price varies

For information on any of these memorials please contact Anne Brabec at the Goldberg Administration Center at 708.957.0300.

friends of the homewood-flossmoor park district

It is the mission of the Friends of the Homewood-Flossmoor Park District Park Foundation, in partnership with the Homewood-Flossmoor Park District, to advocate efforts in support of open space and park and recreation activities for the residents of the Homewood-Flossmoor community. The Foundation seeks to obtain funds and secure donations that will enhance the development of park facilities, operations and land acquisition.

The foundation was established in 1996 as a not-for-profit corporation organized and operated for the benefit of the Homewood-Flossmoor general public. The Foundation is an IRS 501 (c)(3) organization.

Charitable gifts may be made to the Park Foundation in cash, securities, life insurance or real estate. The donor may designate the purpose of the gift or gifts can be designated for the area of greatest need. Gifts may also be made in memory of a relative or friend. All gifts are deductible to the extent allowed under federal income, gift and estate tax laws. Call 708.957.0300 for information.

Homewood-Flossmoor Park District
WHERE YOU WANT TO BE

registration & policy information

ADA Conformity
The Homewood-Flossmoor Park District welcomes participation in all programs and activities by individuals with disabilities and special needs. The Homewood-Flossmoor Park District is committed to inclusion and providing public recreation services in the most integrated setting in which interaction between people with and without disabilities is provided to the maximum extent feasible. The Homewood-Flossmoor Park District works cooperatively with the South Suburban Special Recreation Association (SSSRA) to facilitate successful participation for participants who register for inclusive programming.

If you have a special need or request for reasonable accommodation in accordance with the Americans with Disabilities Act, and to assist Park District staff in addressing such need or request, we strongly urge you to contact the Park District in advance and in a timely manner. Please understand that failure to provide timely and appropriate notice of a special need and/or request for reasonable accommodation may result in a delay in registration. When feasible and appropriate, the Park District asks that requests for reasonable accommodation be made at least two weeks in advance of any activity or program.

Behavior Policy
To ensure safe and enjoyable programs and facilities for all residents, the Homewood-Flossmoor Park District has developed the following code of conduct when participating in programs and using facilities:

1. Show respect to all participants, staff, equipment, supplies and facilities.
2. Refrain from using offensive or profane language.
3. Refrain from aggressive behavior that could cause bodily harm. The park district reserves the right to dismiss a participant from a program if their behavior or language is deemed inappropriate by staff. Homewood-Flossmoor Park District applies a caring and positive approach to discipline, yet reserves the right to dismiss a participant whose behavior endangers the safety of others or causes property damage.

Late Pick-Up & Dismissal
A late fee may be enforced for any park district program that involves the pickup and drop-off of program participants.

1. The late fee is $10 beginning ten minutes after dismissal time and $1 for every minute thereafter.
2. The late fee must be paid within 24- hours.
3. After four late arrivals of fifteen minutes or more, the Recreation staff may dismiss the participant from the program with supervisory approval.
4. This policy will be enforced for programs that take place throughout the entire year.

General Information
1. Adult programs are open to high school students (age 16+), unless otherwise stated.
2. Participant safety is a priority. All Homewood-Flossmoor Park District employees and instructors undergo an Illinois State Police criminal background check upon employment.
3. The Homewood-Flossmoor Park District assumes no responsibility for personal injuries or loss of personal property while attending a sponsored activity or facility.
4. When Homewood-Flossmoor District programs are scheduled at school facilities, school programs have priority. On school holidays, programs in schools will be cancelled and made up at the end of the session. See program descriptions for cancelled dates.
5. Foreign exchange students in School Districts 153, 161 and 233 are allowed free admission to all programs except where a contractual service is involved.
6. Participants who display inappropriate or potentially harmful behavior will be asked to leave the program or facility. Refunds will not be given.
7. The Homewood-Flossmoor Park District has a financial assistance program. Call 708.957.0300 for details.
8. Homewood-Flossmoor Park District programs and events have priority over other rentals in all Homewood-Flossmoor Park District facilities.

Registration Policies
1. Proof of residency will be verified before resident rates can be accepted. To verify residency, you will be asked to provide a photo ID and current utility bill and, if registering dependents, the top half of your most recent 1040 tax return, birth certificate or custody papers. Additional proof may be required in some circumstances.
2. Because of the Park District's high use of school facilities, the District has extended to all residents of School Districts 153, 161 and 233 resident rates only for any recreation program held in a school facility.
3. In general, out-of-district residents may register for programs at a 25% higher fee.
4. Classes may be cancelled due to insufficient enrollment.
5. Non Resident registration will be processed one week after resident registration. *Process time subjected to change.
6. Participants may be required at any time to provide reasonable proof of age, residency or dependency.
7. Fees will not be prorated when registering for a class if the class session has started.
8. $25 will be charged for returned checks.
9. If you are unable to make a private lesson, you must give 24-hour notice. With less than 24-hour notice, you will be charged.
10. For certain programs, a late registration fee may be charged.

Recreation Refunds
1. If any program is cancelled by the Homewood-Flossmoor Park District, the participant will receive a full refund.
2. A $5 per program session service charge will be deducted from all refunds over $5 except when a doctors note is presented.
3. Participants will be allowed to attend the first two classes and receive a prorated refund. Refunds will not be issued for cancellations after the second date of the program.
4. No refunds will be given on trips and one day programs with fewer than one business day notice.
5. Refunds are issued approximately seven business days after program cancellation. Call 708.957.0300 for more information.

Photo / Video Policy
Registrants and participants of programs and events permit the Homewood-Flossmoor Park District and its affiliates to take photos and videos of themselves and their children for publication in the brochure, website and additional uses the district deems necessary, unless the registrant or participant expressly files with the district a written objection as to photos / videos of themselves and / or their children.

Dolphin Lake Precaution
Swimming and ice skating are not allowed at Dolphin Lake. Dolphin Lake's constant undercurrent is dangerous regardless of the season. Conditions are never safe for swimming or ice skating.

Fishing Regulations
All persons fishing on Homewood-Flossmoor Park District property must possess both a State of Illinois fishing license (unless exempt under state laws) and a Homewood-Flossmoor Park District fishing permit. Permits can be purchased at the Goldberg Center, Irwin Center or Irons Oaks for $5 R / $15 NR. Fishing limits are: Large Mouth Bass - catch and release only; Walleye -18" minimum size limit, (2 fish limit per day); and Bluegill or Crappie - 6" minimum size limit (10 fish limit per day).

Dogs in Parks
In general, dogs are allowed in Homewood-Flossmoor Park District's parks. Dogs must be on an 8 ft. leash (per ordinance) and owners must clean up after their pet (s). Dogs are not allowed at Irons Oaks or at outdoor special events.

Homewood-Flossmoor Park District
WHERE YOU WANT TO BE

HOMEWOOD - FLOSSMOOR facilities & park locations

HOMEWOOD

Apollo Park (31.75 acres)
Morgan Street & Bowling Green Road
Walking / Bike Path, Sand Volleyball Courts, Playground, Ball Fields, Football Field, Picnic Area with BBQ, Playfield & Soccer Fields

Butterfield Park (26 acres)
Center Avenue & Center Court
Bike & Walking Paths

Cedar Park (.3 acres)
Highland Avenue & Cedar Road
Playground

Dolphin Lake Park (8.5 acres)
183rd Street & Governors Highway • 708.957.0300
Clubhouse, Fishing & Meeting Rooms

eXtreme Scene Skate Park (1 acre)
18350 Harwood Avenue
Skateboard & In-Line Skating Area

H-F Park District Auditorium
2010 Chestnut
Basketball Court, Volleyball Court & Theatre Stage

H-F Racquet & Fitness Club
2920 W. 183rd Street • 708.799.1323
Fitness Center, Tennis Courts, Racquetball Courts, Track, Lap Pool, Pro Shop & Child Care

H-F Sports Complex
18211 Aberdeen Street
Basketball Courts, Volleyball Courts & Table Tennis Center

Heritage Park (2.5 acres)
Riegel Road & Idlewild Lane
Playground & Playfield

Hillcrest Park (10 acres)
Locust Road & Rockwell Avenue
Playground, Ball Field, Picnic Area with BBQ, Seasonal Sledding Hill, Playfield & Soccer

Hollydale Park (4 acres)
Turtlecreek Drive
Playground & Playfield

Homewood Estates Park (15.1 acres)
18200 California Ave.
Playground, Ball Fields & Playfield

Indian Trails Park (4.6 acres)
Riegel Road & Willow Road
Walking and Bike Path (1/2 mile) & Tennis Courts

Irwin Park & Community Center (6 acres)
18120 S. Highland Avenue
708-957-7275
Playground, Gazebo, Plaza Area, Fountain, Ballfield, Playfield & Picnic Area

Lions Club Park & Pool (8.5 acres)
1041 Ridge Road • 708.799.2223
Pool & Waterslide, Ball Field, Concessions, Tennis & Playfield

Millennium Park (6.5 acres)
18600 Harwood Avenue
Walking Path (4/10 mile), Moss Memorial Garden, Splash Pad, Soccer Field, Roller Hockey, Playground with Picnic Shelter and BBQ & Nardoni Memorial Garden

Orchard Park (3 acres)
1701 Olive Road
Playground, Tennis Courts, Ballfield & Playfield

Patriots Park (11 acres)
187th Street & Center Avenue
Playground, Walking Path (4/10 mile), Ball Field, Picnic Shelter with BBQ, Soccer Field & Disc Golf

Pinewood Park (5.5 acres)
Hedgerow Lane & Fresno Avenue
Sand Volleyball Court, Soccer, Playground, Ballfield & Playfield

Rover's Run Dog Park (3 acres)
191st Street, two blocks East of Center Avenue
Play Area & Doggie / Owner Water Fountain

Scandia Park (1 acre)
Hickory & Rockwell
Playground

Tower Park (.6 acre)
Pierce Avenue & Evergreen Road
Tot Lot

Willowview Park (5 acres)
Highland Avenue & Willow Road
School Playground, Ballfield, Seasonal Ice Skating and Sledding, Playfield & Soccer

Woodborough Park (8.75 acres)
18402 Aberdeen Street
Walking and Bike Path (3/10 mile), Soccer, Playground &Playfield

OLYMPIA FIELDS

Irons Oaks (38 acres)
20000 Western Avenue • 708.481.2330
Walking Trails (1 1/2 miles), Picnic Area, Nature Trails, Adventure Course, Meeting Rooms & Cross Country Skiing

FLOSSMOOR

Ballantrae Park (6 acres)
Antholl & Kinross Streets
Walking Path (3/10 mile), Playground, Playfield & Picnic Shelter with BBQ

Coyote Run Golf Course (140 acres)
800 Kedzie Avenue • 708.957.8700
18 Hole Golf Course, 3 Hole Learning Course, Driving Range & Pro Shop

Wiley's Grill at Coyote Run Golf Course
800 Kedzie Avenue • 708.957.8774
Restaurant, Bar, Scenic Patio and Private Parties

Flossmoor Hills Park (.5 acres)
Hamlin Avenue & 188th Street
Walking Path (4/10 mile), Tennis Courts & School Playground

Flossmoor Park & Park Place (6.5 acres)
2523 Flossmoor Road
Park Place, School Playground, Ballfield, Seasonal Ice Skating, Tennis Courts, Meeting Rooms & Playfield

Goldberg Administration Center & Park (3.3 acres)
3301 Flossmoor Road • 708.957.0300
Walking Path (1/10 mile), Playground & Picnic Area with BBQ

H-F Ice Arena
777 Kedzie Avenue • 708.957.0100
Ice Rinks, Party Room, Pro Shop & Concessions

Heather Hill Park (1 acre)
Lawrence Crescent
Tennis Court & School Playground

Highlands Park (5 acres)
Crescent Drive & Kathleen Lane
Walking Path, Bike Path (2/10 mile), Playground, Ball Field & Playfield

Leavitt Park (3.75 acres)
1010 Leavitt Avenue
Perennial Garden, Gazebo, Playground, Sculpture Park, Ballfield & Playfield

Parks Department
18900 S. Kedzie Avenue • 708.957.0280

Pheasant Trails Park (6 acres)
Hanover Lane & Dixie Highway
Playground & Tennis Courts

Pinehurst Park (.5 acres)
1501 Tina Lane
Passive Recreation