



# SENIOR DROP-IN PROGRAMS

These programs meet throughout the week and do not meet on Holidays. All programs are held at Irwin Community Center.

## MONDAY

Senior Line Dance | 10 am  
\$5 per drop-in or \$75 for full session

## WEDNESDAY

Jewelry Making | 10-11 am | \$5 R / \$6 NR

## THURSDAY

Current Events | 10 am-12 pm | FREE  
Bingo | 12-2 pm | \$2 Entry  
\$2 for 2 cards (10 sheets)  
\$3 for 3 cards (10 sheets)

## FRIDAY

Beginner Line Dance | 10 am - 12 pm  
\$5 per drop-in or \$75 all classes  
Bid Whist | 6-9:30 pm | \$5

## SENIOR LINE DANCE

MONDAYS, DEC. 1-MARCH 30 • 10 AM-12 PM  
IRWIN COMMUNITY CENTER

Kick up your heels and start moving to the music! This drop-in participatory group is for all levels of dancers. Everyone can line dance and his or her own pace. Come join the fun! Class does not meet on Holidays that fall on Mondays!

Ages: 55+  
Fee: \$75 Full Session / \$5 drop-in

## BEGINNER LINE DANCING

FRIDAYS, DEC. 5-MARCH 27 • 10 AM-12 PM  
IRWIN COMMUNITY CENTER

A little bit of everything from Country to traditional Line Dance. This drop-in participatory group is for all levels of dancers, and everyone can dance at their own pace. Songs Covered: Boots on the Ground, Electric Slide, Blurred Lines, Cut A Rug, Heavenly Waltz & Stand By Me Cha Cha.

Ages: 55+  
Fee: \$75 Full Session / \$5 Drop-In

## BID WHIST

FRIDAYS, NOW-MARCH 27  
6-9:30 PM

## IRWIN COMMUNITY CENTER

Calling all Bid Whist enthusiasts! On Friday nights come play at Irwin Community Center. This program offers a blend of friendly competition and social interaction. Every hand brings new possibilities and strategic decision! No play Dec. 26 & Jan. 2.

Age: 40+  
Fee: \$5 drop-in



# THIS JUST IN!

News & Information for Active Adults & Senior V.I.P.s

WINTER 2025-26



## SANTA'S SENIOR HELPERS

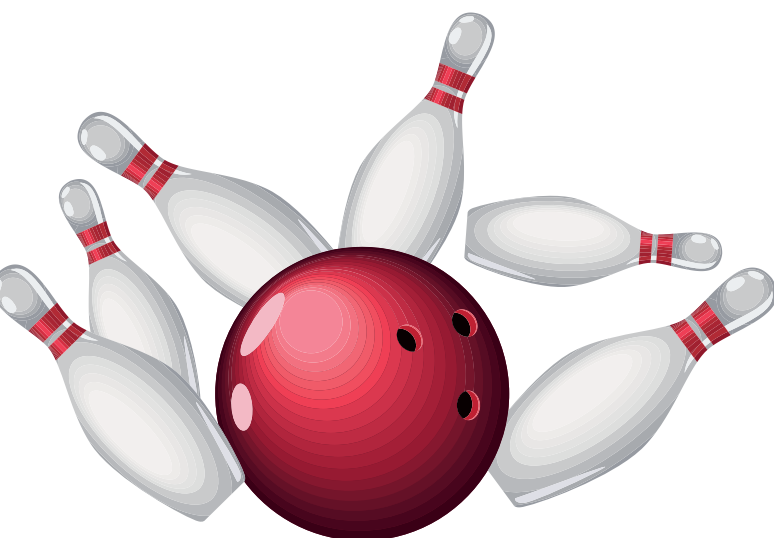
SATURDAY, DEC. 13

10 AM - 1 PM • WILEY'S GRILL

## SENIORS & SENIORS (HIGH SCHOOL SENIORS & VIPS)

Partnering with the Village of Homewood and Flossmoor, we are inviting H-F High School Seniors and the VIP's to help Santa with all of the letters he receives. Join us at Wiley's where we will partner up a senior with a senior to help Santa out. Enjoy hot chocolate and holiday music in good company. Pre-registration is required so we can have a head count.

For more information or to register for any programs, call 708.957.7275 or visit [hfparks.com](http://hfparks.com)



## ADULT BOWLING

THURSDAYS, JAN 6-APR 7  
10 AM-12 PM • TINLEY PARK BOWL

7601 W. 183RD, TINLEY PARK

Try it, you'll strike it! Join the fun at the Tinley Park Bowl. This is a non-competitive league in a relaxed atmosphere for adults. All levels of play are accepted. Play three games for \$10. Shoe rentals are available for \$2. **Registration deadline is December 22 to be placed on a team. Teams are groups of three.**

## IMPORTANT INFORMATION:

- Participants should arrive at 10 am
- Practice starts at 10:15 am
- Games start at 10:30 am

Awards Luncheon: April 7 after all games are completed.

Age: 55+  
Fee: \$20 R / \$25 NR

# LIGHT UP TRAIL WALK

December 18-21 • First Entry 6 pm, Last Entry 8 pm • Irons Oaks

Add a little sparkle to your holiday season! Join us for the 3rd Annual Lighted Trail event! Stroll through a winter wonderland where festive lights and the beauty of nature meet in a magical new way. Hot chocolate and s'mores are included in the ticket price. Bundle up and don't miss out on this illuminating experience. Pre-purchase your tickets online for an early-bird discount!

All ages • Fee: \$4 Early Bird Rate until December 12. \$5 cash only at the door



## STITCH & CHAT

MONDAYS, FEB. 9 & 23,  
MARCH 9 & 23

5:30-8 PM @ IRWIN CENTER

This program meets every other week! Bring your projects that you are currently working on and enjoy sewing and socializing with your friends.



Ages: 55+ Fee: \$5 R / \$6 NR drop-in

## SOUP, SALAD, AND SCRABBLE

WEDNESDAY, FEB 25 • 12-1 PM  
IRWIN CENTER

Tis the season for soup and friends! Join us for a bowl of soup, a side salad, breadsticks, and dessert. This casual lunch provides time together with friends playing scrabble and enjoying a great meal provided by Wiley's Grill! Play the popular Scrabble game the classic way as you take on opponents head-to-head for a challenging and fun time.

Ages: 55+  
Fee: \$25 R / \$30 NR



## STAMPIN' UP! CARD MAKING

WEDNESDAYS, JAN. 7 & FEB. 4

11:30 AM-1:30PM @ IRWIN CENTER

This workshop will teach participants to make greeting cards (birthday cards, get well, thank you, sympathy, etc.), learn new techniques, and enjoy the company of other crafters. Each participant will receive a kit with all the supplies needed to complete several greeting cards, along with step-by-step instructions. Come join us for a morning of card making with an experienced instructor Debbie Rodriguez.

Ages: 55+  
Fee: \$30 R / \$40 NR per session

## SERVE

Take a swing at **OPEN PLAY PICKLEBALL!**  
Mondays & Tuesdays, 6-9 pm • Fridays, 10 am-1 pm



## SWIM

**AQUA FITNESS** classes are perfect for all fitness levels and included with all premier memberships.



## SWEAT

Our **PERSONAL TRAINERS** can help you achieve your fitness goals.



## SOOTHE

**MASSAGE THERAPY** available to leave you refreshed, relaxed and renewed.



# SUCCEED

at  **RACQUET & FITNESS CLUB**  
a facility of the homewood-flossmoor park district



2920 West 183rd Street, Homewood  
708.799.1323 • hfracquetandfitness.com

## SAVE the DATE!

**2026 SPRING PROGRAMS**

**Registration begins**  
**Residents: Feb. 3**  
**Non-Residents: Feb. 10**





**BINGO!**

**THURSDAYS, FEB 19-MARCH 26 • 12-2 PM  
IRWIN COMMUNITY CENTER**

Happiness is yelling B-I-N-G-O! Join us for the weekly Bingo held at the Irwin Center.

Bingo details: no limit on the number of cards available. Participants will play for unique prizes. Light refreshments are supplied. 10 rounds of Bingo are played.

Age: 55+  
 Fee (cash only): \$2 Entry  
 \$2 for 2 cards (10 sheets)  
 \$3 for 3 cards (10 sheets)



**BINGO BASH**

**THURSDAY, FEB 12 - VALENTINE'S DAY  
THURSDAY, MARCH 12 - ST. PATRICK'S DAY  
12-2 PM • IRWIN CENTER**

Get ready to shout 'B-I-N-G-O!' and celebrate Valentine's with us at the Irwin Community Center! Join us for a fun-filled Bingo bash with unique prizes and a delicious lunch. No limit on card purchases – play as many as you like! 10 exciting rounds of Bingo. Fantastic, unique prizes to be won. Don't miss out on these holiday-themed Bingo celebrations! We can't wait to see you there!

Age: 55+  
 Fee (cash only): \$15 Entry  
 \$2 for 2 cards (10 sheets)  
 \$3 for 3 cards (10 sheets)

**AARP SMART DRIVER COURSE**

**THURSDAY, JAN. 15 & FRIDAY, JAN. 16  
10-11 AM • IRWIN CENTER**

Safety behind the wheel begins with you. Take the AARP Smart Driver classroom course, and you could save money on your auto insurance. Refresh your driving skills and knowledge of the rules of the road. Learn techniques for handling left turns, right-of-way, and roundabouts. This 8-hour class is held over two days; please be prepared to attend both dates. If you are an AARP member, please bring your card. Payment due to AARP at the first class, cash or check made out to AARP (\$25 AARP members and \$25 for non-members)

Ages: 55+ Fee: \$25



**ARTHRITIS AQUA**

**FRIDAYS, DEC. 5-26 • JAN. 9-30 • FEB. 6-27  
H-F RACQUET & FITNESS CLUB**

Are you one of 50 million Americans that suffer from arthritis? Do you suffer from fibromyalgia? One the the best ways to control pain, increase flexibility, and improve daily function is through aquatic exercise. This gentle exercise class helps participants decrease pain and stiffness, improve or maintain joint flexibility, and gain muscle strength, balance and coordination. Class structured for people with arthritis but anyone is welcome. Activities are tailored to participants' abilities and skill levels in our 82 degree pool. Participants do not need to be able to swim. Pool is 3'6" deep. Membership not required.

Ages: 18+  
 Fee: \$40 R / \$60 NR • \$10 discount  
 H-F Racquet & Fitness Club member





**LET'S GO SHOPPING:  
WOODFIELD MALL  
FRIDAY, JAN 9, 9:30 AM - 5:30 PM  
DEPART IRWIN CENTER**

Prepare for a day of adventure in Schaumburg! This excursion combines lunch at the unique, aviation-themed Pilot Pete's restaurant (starting at 11:15 AM) with an afternoon of shopping at Woodfield Mall. Your Day Includes: 1 Main Dish (Choice of Pot Roast Sandwich, Fish and Chips, or World Famous Chicken Fingers) with side, soup or salad, and drink. Round-Trip Transportation and gratuity are also included. \*Please bring money for shopping.

Ages: 55+  
Fee: \$60 R / \$70 NR

**DINNER DESTINATIONS:  
POMPEI  
WEDNESDAY, JAN. 14 • 3:30-8 PM  
DEPART IRWIN CENTER**

Join your friends as the H-F VIPs travel to the newest location of the legendary Pompei Italian Restaurant in Elmwood Park. Enjoy authentic Italian favorites in a warm, family-friendly atmosphere. The program covers transportation only. Please bring money for your meal.

Ages: 55+  
Fee: \$25 R / \$30 NR

**SCAN HERE  
to register to  
V.I.P. TRIPS**



**CHICAGO AUTO SHOW  
WEDNESDAY, FEB 11 • 9 AM - 5 PM  
DEPART IRWIN CENTER**

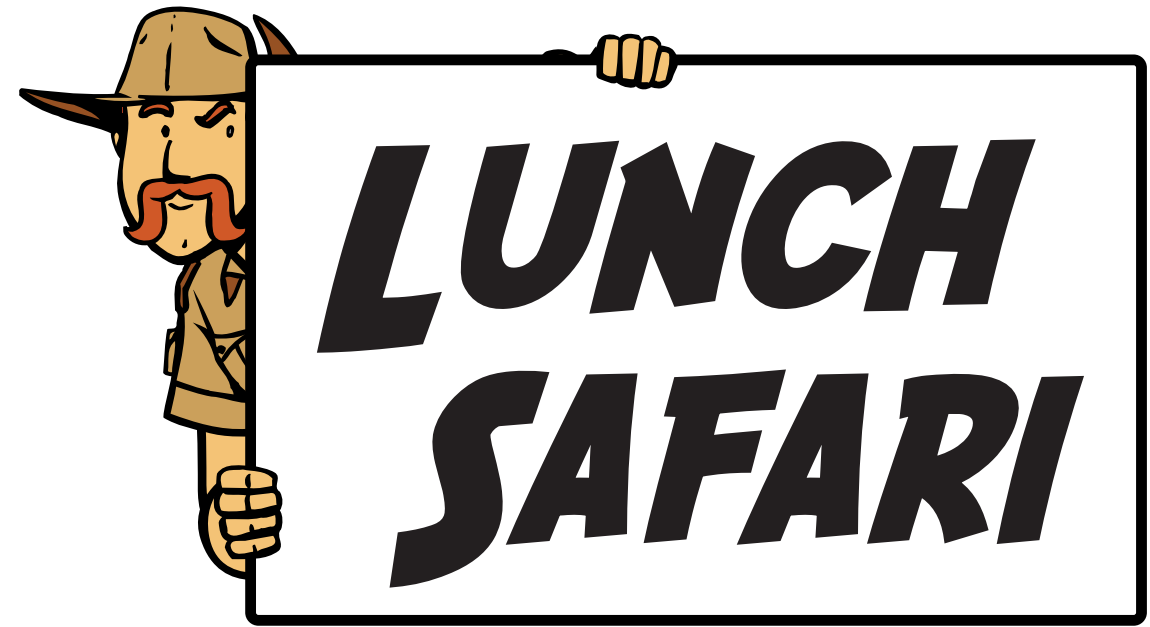
Enjoy the 118th edition of the Chicago Auto Show, the largest in North America! Enjoy hundreds of different vehicles, auto-related exhibits, and more. Fees cover transportation, parking, and your ticket for the Auto Show. Lunch will be on your own at the show (note: all McCormick Place concessions are cashless). BAG INSPECTION POLICY: Only clear tote bags (12"x12"x6" or smaller) and clutch purses (under 9" x 5" x 2" or smaller) are allowed.

Ages: 55+  
Fee: \$40 R / \$50 NR

**A DAY OF LUCK AND  
LEISURE: RIVER'S  
CASINO  
WEDNESDAY, FEB 18, 9 AM-6:30 PM  
WEDNESDAY, MAR 4, 9:30 AM - 5:30 PM  
DEPART IRWIN CENTER**

Join us for an unforgettable day trip to the casino! Leave the driving to us as you anticipate a day of thrilling games. If you are a new member at River's Casino, sign up inside and receive \$10 slot play. Your day includes Round-Trip Transportation. Please bring money for lunch and slot play.

Ages: 55+  
Fee: \$15 R / \$20 NR



**LUNCH SAFARI:  
GALENTINE'S DAY LUNCH  
AT THE ENGLISH ROOM,  
DEERPATH INN  
FRIDAY, FEB 13 • 10 AM-4 PM  
DEPART IRWIN CENTER**

Celebrate female friendships this Galentine's Day at the historic and charming Deerpath Inn. Dress Code: Business Casual. Your Day Includes: Choice of Soup (French Onion or Chicken Noodle), 1 Main Dish (Choice of Short Rib Sandwich, Chicken Club, White Hart Pub Burger, or Harvest Salad), Drinks (Soft Drink, Water, or Tea), Round-Trip Transportation, and Gratuity.

Ages: 55+  
Fee: \$75 R / \$80 NR



**LUNCH SAFARI:  
HACKNEY'S ON HARMS  
FRIDAY, FEB 27 • 10 AM-4 PM  
DEPART IRWIN CENTER**

Join us for a culinary "safari" to one of Glenview's most famous historic restaurants! We will dine in the unique, cozy, and private Geodesic Domes, which are heated and enclosed. Domes seat five people comfortably; participants will be split into groups. Your Day Includes: Round-Trip Transportation, Hackney's Original French-Fried Onions (Serves 5 for the table), 1 Main Dish (Choice of The Original Hackneyburger®, The Harrison chicken sandwich, or Grown-up Grilled Cheese) with choice of side, and the Geodesic Dome Reservation

Ages: 55+  
Fee: \$75 R / \$80 NR

